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*Submit your photos for consideration in the 4-H News & Views

4-H Family Banquet

Registration Due Oct. 10
(see newsletter insert)
<table>
<thead>
<tr>
<th>October</th>
<th>3</th>
<th>New Leader Orientation 6:30-8:30pm</th>
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<tbody>
<tr>
<td>Oct 4</td>
<td></td>
<td>4-H Grows Here Workshop 6:30-8:30pm</td>
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<td>Oct 5</td>
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<td>DEADLINE: Registration for Youth as Partners in Civic Leadership</td>
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<td>Oct 5</td>
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<td>New Leader Orientation 1-3pm</td>
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<td>Oct 6-7</td>
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<td>Arts Camp, Upham Woods—Wisconsin Dells</td>
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<td>Oct 7</td>
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<td>Grief Support Group 5:30-6:30pm</td>
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<td>Oct 7-13</td>
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<td>National 4-H Week</td>
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<td>Oct 10</td>
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<td>DEADLINE: 4-H Family Banquet Registration</td>
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<td>Oct 10</td>
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<td>Meat Animal Board ANNUAL MEETING, 7:30pm</td>
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<td>Oct 11</td>
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<td>Suicide QPR Training 7-9pm</td>
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<td>Oct 13</td>
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<td>4-H Grows Here Workshop 10-11am</td>
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<td>Oct 14</td>
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<td>4-H Ambassadors Meeting 6:30pm, 6767 County Rd T, Oshkosh</td>
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<td>Oct 16</td>
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<td>Leaders’ Association Board of Directors, 7pm</td>
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<td>Oct 17</td>
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<td>New Leader Orientation 6:30-8:30pm</td>
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<td>Oct 18</td>
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<td>Annual Financial Report Workshop 6:30-8:30pm</td>
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<td>Oct 20</td>
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<td>4-H Family Banquet, 5:30pm Winneconne High School</td>
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<td>Oct 21</td>
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<td>4-H Fall Skating Party, 4-6:30pm, Fox Valley Roller Rink</td>
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<td>Oct 21</td>
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<td>Pizza Count 6-8pm (for Club Pizza Coordinators)</td>
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<td>Oct 22</td>
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<td>Horse &amp; Pony Project ANNUAL ELECTIONS 7pm (Board at 6pm)</td>
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<td>Oct 23</td>
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<td>Annual Financial Report Workshop 6:30-8:30pm</td>
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<td>Oct 24</td>
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<td>DEADLINE: American Spirit Registration to UWEX Office</td>
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<td>Oct 24</td>
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<td>Lego Club 6:00-7:30pm</td>
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<td>Oct 25</td>
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<td>Fair Association Board of Directors Meeting, 7pm</td>
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<td>Oct 26</td>
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<td>DEADLINE: WI Honey Producers Poster Contest</td>
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<td>Oct 26</td>
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<td>Pizza SET UP 4:30pm Sunnyview Expo 500 E Cty Rd Y, Oshkosh</td>
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<td>Oct 27</td>
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<td>Pizza Making 8am-2pm Sunnyview Expo 500 E Cty Rd Y, Oshkosh</td>
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<td>Oct 31</td>
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<td>DEADLINE: Service Project Stories Due to WI 4-H Foundation</td>
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<td>November</td>
<td>1</td>
<td>DEADLINE: Club/Group Charters &amp; Annual Financial Report</td>
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<tr>
<td>Nov 1</td>
<td></td>
<td>National Youth Science Day “Code Your World” 6-8pm</td>
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<td>Nov 1</td>
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<td>New Leader Orientation 6:30-8:30pm</td>
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<td>Nov 2</td>
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<td>New Leader Orientation 1-3pm</td>
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<td>Nov 2-4</td>
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<td>Fall Forum (Leadership Conference), Green Lake</td>
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<td>Nov 7</td>
<td></td>
<td>Space Camp Registration in 4HOnline (Nov 7– Jan 1)</td>
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<td>Nov 7</td>
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<td>County Outstanding Record Book Reading, 5:30-8:30pm</td>
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<td>Nov 9-11</td>
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<td>4-H Horse Leader Conference, UW-River Falls</td>
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<td>Nov 9-11</td>
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<td>Youth as Partners in Civic Leadership Conference, Upham Woods</td>
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<td>Nov 10</td>
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<td>Annual Financial Report Workshop 9:30-11:30am</td>
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<td>Nov 10</td>
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<td>4-H Grows Here Workshop 12noon-2pm</td>
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<td>Nov 11</td>
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<td>Cloverbud Blast, 1:00-3:00pm, <strong>Cloverbud Graduation at 2:30pm</strong></td>
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<td>Nov 14</td>
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<td>Meat Animal Board Meeting, 7:30pm</td>
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<td>Nov 15</td>
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<td>Space Camp COUNSELOR Applications Due</td>
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<td>Nov 15</td>
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<td>New Leader Orientation 6:30-8:30pm</td>
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<td>Nov 15</td>
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<td>Citizenship Washington Focus Register in 4HOnline (Nov15-Dec15)</td>
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<td>Nov 16</td>
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<td>DEADLINE: National 4-H Conference Applications</td>
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<td>Nov 16</td>
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<td>New Leader Orientation 1-3pm</td>
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<td>Nov 19</td>
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<td>Lego Club 6:00-7:30pm</td>
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<tr>
<td>Nov 20</td>
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<td>DEADLINE: Re-Enrollment in 4HOnline</td>
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<tr>
<td>Nov 23-27</td>
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<td>National 4-H Congress (2 Winnebago County Youth Attending!)</td>
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<td>Nov 26</td>
<td></td>
<td>Horse &amp; Pony Project Meeting 7pm (Board Meeting at 6pm)</td>
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<td>Nov 27</td>
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<td>Leaders’ Association Board of Directors, 7pm</td>
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<tr>
<td>December</td>
<td>1</td>
<td>Annual Financial Report Workshop 9:30-11:30am</td>
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<td>Dec 1</td>
<td></td>
<td>4-H Grows Here Workshop 12noon-2pm</td>
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<tr>
<td>Jan 11</td>
<td></td>
<td>DEADLINE: Winter Leadership Camp</td>
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</tbody>
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**If event location isn’t listed, it will be at the JP Coughlin Center**
Mark Your Calendars!

Winnebago County 4-H Summer Camp
Upham Woods—Wisconsin Dells
Tuesday June 25– Saturday June 29
5-Day Camp this year!
Camp price will be increasing this year—more details coming soon!
(actual cost of camp this year to the Leaders’ Association is estimated to be $230/camper...we anticipate having to charge families $125-$175/camper this year)

NEEDED: Adult Camp Chaperones! Come join us for another year of outdoor fun at Upham Woods. Chaperones must be at least 21 years of age and be a certified 4-H Leader (or willing to complete process to become one). Please submit your application ASAP! https://winnebago.uwex.edu/4-h-youth-development/4-h-camps/summer-camp/

Saturday, February 2, 2019

4-H Ambassadors are in the process of planning our annual 4-H Fun Day held at Webster Stanley Middle School, Oshkosh. Mark your calendars to join us and get hands-on experience making a birdhouse, sewing a pillow, learning about rockets and so much more!

NEEDED: Fun Day Teachers! Have a talent you can share with others? Youth, adults, friends and community members are welcome to teach 1 hour and 15 minute sessions at Fun Day. Sessions should be HANDS ON, preferably “make & take” style (participants take a completed project home with them).

Contact the UW-Extension office (920-232-1974 or chollmaier@co.winnebago.wi.us) or Joe Kuehnl at 920-836-1736.
Thoughts for a New 4-H Year

Hello!

This month I am starting the newsletter with a more personal letter as a way for me to reach out to each of you to let you know that I think of each of you and your families often. Some of you have suffered profound losses this past year while others of you have celebrated fantastic successes. Hearing how you have supported and celebrated each other reminds me how important it is to tell the people in our lives know that we care about them. While I may not know each of you personally, I want you to know that our UW-Extension staff and 4-H volunteers care about each of you so much and are here to listen, to support you in both times of happiness and times of sorrow and to help you find resources when needed.

We are lucky to be a part of a program where one of the main focuses is on HEALTH. Especially in times of grief, loss, change, stress, etc...(which our program seems to have gotten a lot of this year), our health (physical, emotional and mental), is so important. Yet we don’t talk about this topic nearly enough—especially when it comes to mental health.

Mental Health First Aid is just as important as Physical First Aid.

As we start a new 4-H year, as our program continues to change and grow, and as life continues to happen to all of us (both the good and the bad), I wish for all of you the best of HEALTH. Along with the fun of being involved in a program like 4-H, there also comes responsibility and demands on your time individually or as a family. While not everything goes perfectly all the time, I hope that you are involved in 4-H because the time you spend with this program adds to your overall health and happiness. I hope that 4-H (and all the people it brings into your life) not only teaches skills, but brings you joy, opportunities to look forward to, friendships and new experiences.
Throughout this fall you will be seeing some new opportunities being offered—particularly around health related topics. As always, I am open to hearing from each of you what would be most helpful for you, your family or your club/group. (See page 12 to get started!)

Finally, I just want to encourage all of you from youngest to oldest to take a deep breath, slow down the pace (say “no” when you need to), know that it is okay to turn off the technology, spend time with loved ones and ask for help when needed.

Thank you to those of you who already take care of yourselves and your families in this way. You are the role models and leaders for the rest of us!

Sincerely,
Jody Bezio

BE WELL
What gives you joy?
What makes you thrive?
County Fundraising

Start your Holiday Shopping Now!!!
Barn Quilts and Fleet Farm Gift Cards make excellent gifts!

Barn Quilts
The 4-H Barn Quilt Fundraiser continues! What a great way to spruce up your barn, shed or garage, while at the same time support Winnebago County 4-H.

Sizes offered include:

- 2’ x 2’ are $50
- 4’ x 4’ are $75
- 8’ x 8’ are $200

Look up the barn quilt design of your dreams: Google “Greene County Ohio barn quilts,” “Barn Quilt Squares,” and more. Please call Joe Kuehn (920-836-1736) to discuss designs and place your order. Joe is willing to work with you to make the quilt design you want.

Fleet Farm Gift Cards Available

⇒ Already doing your personal or business shopping at Fleet Farm? Use these cards instead of cash/credit to support 4-H.
⇒ Need a gift for the farmer, handyman, sportsman or do-it-yourselfer? Cards make great gifts for family, friends, co-workers, employees, etc..

Fleet Farm Gift Cards purchased through the UW-Extension office help to support Winnebago County 4-H as we receive a rebate directly from the retailer for 5-10% of the card’s value.

⇒ Cards can be used at any Fleet Farm location and you receive the full dollar value of every card you purchase.
⇒ Cards in denominations of $25, $50, and $100 are available RIGHT NOW at the UW-Extension office during regular business hours (Monday through Friday, 8:00AM-4:30PM).
⇒ Cards can be ordered in denominations of your choice or in specific quantities by contacting Kay Lettau. 920-419-4849 or lettau@new.rr.com
County Fundraising

Fall Pizza Making - Top Five List

1. You too can be a “Pizza Man!” See video of Camp Counselors’ favorite song: https://www.youtube.com/watch?v=4rm0LYLz1Wg

2. Pizza Making Fundraisers help reduce the cost of events like Summer Camp (from $165/camper to $85/camper)

3. It’s been 2 months since Fair—Come see your “Fair Friends” and hear what they’ve been up to!

4. Pizza making is a LIFE SKILL that will help you make new friends, eat good meals and get your first job!

5. 4-H Pizzas are unlike any other pizza—not only are they handmade, they each have over 1/2 pound of cheese!

What to do:

• SELL! SELL! SELL! Pizza
  Order Forms are included in this newsletter and on our website: https://winnebago.uwex.edu/4-h-youth-development/4-h-leaders-association/fundraising/

• Turn in Orders & Money to Your Club
  ⇒ Clubs set a due date to have all orders and money turned in to your pizza coordinator (typically at October Club meetings)
  ⇒ Sign up to help with Pizza Making on Saturday October 27
  ⇒ Club Pizza Coordinators: Pizza Count is October 22 from 6-8 pm at JPCC (where you turn in your club’s order & money)

• Help on a Pizza Making Shift:
  ⇒ Pizza Set up October 26 starting at 4:30pm at Sunnyview Expo
  ⇒ Pizza Making is Saturday October 27 at Sunnyview Expo 8:00 am-10:30 am, 10:15 am-12:45 pm, 12:30 pm-Clean Up

• Members pick up Pizzas they sold
  ⇒ Pick up your pizzas at the end of your pizza making shift.
  ⇒ All pizzas must be picked up by 1:00 p.m.

Look for this symbol throughout the Newsletter for activities funded by the 4-H Leaders’ Association Fundraisers.

Want to request funding from the Leaders’ Association for an Educational Opportunity through 4-H?
Submit a “4-H Funding Request Form” for partial reimbursement of events like Arts Camp, Fall Forum, State Teams, etc.
Winnebago County LEGO Club

Do you like to build with Lego blocks? Have you ever built and programmed using any type of LEGO robotics? It doesn’t matter if you have experience or not, you are welcome to attend LEGO Club. We will have free build, Lego WEDO and Lego NXT stations open for you to learn, build and program.

Join us for FREE upcoming LEGO Club meetings:

- Wednesday, October 24
- Monday, November 19

J.P. Coughlin Center, 625 E. County Rd. Y, Oshkosh 6:00-7:30 p.m. Please call 920-232-1971 if you have any questions.

Join us this year for National Youth Science Day! On Thursday November 1st, 2018 from 6-8pm at the James P Coughlin Center (JPCC), 625 E County Rd Y, Oshkosh.

This year’s topic is Code Your World focusing on computer science (CS). Children will learn how computer programmers write code for computers. They will get hands-on experience creating their own computer code. We will also learn about artificial intelligence and their decision making principles. Open to children grades 3-8. We hope to see you there!
Poultry News
I would appreciate your suggestions on how to make your project learning experience and your showing experiences better.

Several adults have expressed an interest in helping to present educational programs. This is a great opportunity for youth leaders to become further involved. Please let us know if you are interested.

The poultry project t-shirts were a hit and we will be making another order in the future. You will receive an e-mail regarding the order.

Don’t forget this a great time of year to purchase show quality birds as many breeders have a surplus and can be found on many Facebook groups or web sites.

Juanene Johnson - juanjohn@execpc.com

Dairy Quiz Bowl
It’s that time of year again!

Anyone interested in participating in the Dairy Quiz Bowl competition in January, please contact Amy Jo Domke at: domke2892@yahoo.com or text her at 920-379-3251 ASAP so that we can begin our practice sessions.

More information about what the Dairy Quiz Bowl is all about can be found at: https://fyi.uwex.edu/dairyyouth/dairy-events/dairy-quiz-bowl/ (PLEASE NOTE THAT THIS SITE HAS NOT YET BEEN UPDATED WITH 2019 DATES)

Dog Program
The Journey Together Service Dog Program is happy to work with a youth and their guardian by allowing them to use one of their service dogs in training a for the 4-H dog program training. The youth and guardian would have to join Journey, and go over their guidelines for working the dogs. An adult/guardian participation is required for a youth working with the service dog in training. Learn more about Journey Together on their website. http://journeytogetherservicedog.org or contact Alissa Eichman, 4-H Dog Project Leader aeichman@new.rr.com.
Cloverbud Blast
We had a blast at Cloverbud Camp, and now it is time to reconnect with more of our Cloverbud friends for another great day of fun! Mark your calendars for **Sunday, November 11th, 2018**, 1:00-3:00pm.

⇒ There will be fun games, creative crafts and loads of fun.
⇒ There will be a special ceremony to recognize our Cloverbud Graduates at approximately 2:30pm, so parents will want to make sure they are there!

If you are interested in attending, please call UW-Extension by Monday, November 5th.

Wisconsin Cloverbud Lessons
Released September 1
Nine new activity plans designed specifically for Cloverbuds – youth in grades Kindergarten to 2nd grade – have been released on the Wisconsin 4-H Youth Development web page. Involve 4-H and community youth in activities that are hands-on, fun, and sometimes a little messy.

These nine lessons have been developed with Cloverbuds in mind, letting them explore science, theater, service, their senses and their own identities throughout the seasons. Each lesson is clearly laid out to get youth thinking, involve them in a hands-on activity and help them deepen their understanding through processing questions. Each lesson also comes with a family letter – available in both English and Spanish – which helps parents and caregivers continue the learning at home.

To download the activities and letters, visit [https://fyi.uwex.edu/wi4hcloverbuds/activity-plans/](https://fyi.uwex.edu/wi4hcloverbuds/activity-plans/) and click the “Unlock Activities” button. After a short survey, you will gain access to lessons from each of two years (nine activities each year), family letters in two languages, and Cloverbud Leader Resources.

Meat Animal Projects (Beef, Sheep and Swine)
The Winnebago County Meat Animal Board is a community group who offers education & events throughout the year to youth groups like 4-H. If you are interested in participating in the Meat Animal Sale they put on during the County Fair in August, you will need to complete their educational program. Please see last section of Newsletter for more details.
Horse & Pony Project
Congratulations to all the members who qualified and participated in the state 4h horse show. It was remarkable to see the quality of horses and exhibitors that came from our county, each of you should be so proud of your accomplishments!

Did you know? Horse and Pony Project leaders provide year-round education and support for 4-H members. 4-H youth are required to participate in the year-round education program in order to show their horse at the fair. Please attend our monthly meetings (4th Monday at 7:00pm—JPCC) or youth & families to find out more:

- Monday October 22, 2018 7pm at JPCC
- Monday November 26, 2018 7pm at JPCC

We have some openings on our advisory board for both youth and adult positions. Nominations started at our September meeting and will be continue at our October meeting. We will also vote at our October meeting.

To be eligible to vote and be elected, all youth and adults must be registered as a member of the horse project online at 4honline.

State 4-H Horse Leader Conference
Attend the annual State 4-H Horse Leaders Conference, **November 9-11, 2018** at UW-River Falls. Many interesting topics will again be offered. Information, including the registration form and a lodging possibilities list, is available at: [http://fyi.uwex.edu/wi4haganimalscience/wi-4-h-horse-leaders-conference/](http://fyi.uwex.edu/wi4haganimalscience/wi-4-h-horse-leaders-conference/).

Registration is Due October 15.

For more information contact Liv Sandberg at 608-263-4303 or sandberg@ansci.wisc.edu
4-H Youth Development programs grow confident, capable, and caring young people with the life skills to thrive in today’s world and succeed in their boldest dreams for tomorrow. In 4-H, we believe in the power of young people. We see that every child has valuable strengths and real influence to improve the world around us. 4-H programs help youth develop their Head, Heart, Hands and Health through experiential (hands-on) learning and building of life skills.

The 4th “H”: HEALTH
The World Health Organization (WHO) defines Health as “a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.” 4-H healthy living programs help youth lead lives that balance physical, mental, and emotional health. Nationally, the focus areas for 4-H healthy living programs include nutrition, childhood obesity, drug awareness, bullying prevention, health and fitness, safety, stress management, and food science. Programs are designed to help 4-H youth learn about living a healthy lifestyle through fun, hands-on activities and projects and are available through schools, 4-H clubs, and camps.

Visit the National 4-H Council’s website for a full report on the benefits of 4-H programs: https://4-h.org/about/research/

Learn about Health through 4-H Projects
Youth members of 4-H participate in “projects” that they choose annually when enrolling in 4-H. Projects are like hobbies or interest areas. Over 120 projects are available for youth in Winnebago County including things like Foods & Nutrition, Gardening, Health Rocks!, Bicycling for Fun, Shooting Sports, Horse Riding and much more!
The National 4-H Council provides curriculum written by Cooperative Extension professionals from around the country that youth can use to learn about their project areas in a self-study format or in a group setting with a project leader. These curriculums are available for purchase through “Shop 4-H” or can be borrowed from UW-Extension:

- Healthy Living & Foods
  [https://shop4-h.org/collections/healthy-living-foods-curriculum](https://shop4-h.org/collections/healthy-living-foods-curriculum)
- Environment/Outdoor Science (gardening, biking riding, & more!)
  [https://shop4-h.org/collections/environment-outdoor-science-curriculum](https://shop4-h.org/collections/environment-outdoor-science-curriculum)

4-H Events get kids moving!
In addition to project learning, there are several annual events youth can participate in that promote healthy living including a roller-skating party (coming up on Sunday, October 21), Summer Camp in June (an environmental camp that promotes getting active in the great outdoors) and project opportunities like dog training (April – August), horse & pony clinics/shows (March-September) and shooting sports training (January-March) that encourage physical activity, positive social interactions and provide mental health benefits.

Clubs promote Social Well-being & Mental Health
Youth also belong to local Community Clubs that meet monthly. Club meetings incorporate recreation to promote physical health and opportunities for positive social interaction and relationship building (which support mental health and social well-being). Youth leadership is another important aspect of the community club – youth members are the voting members of their club and make all decisions in regards to the business of the club, they teach other youth new skills through demonstrations and speeches, and are the club officers who preside over meetings. This focus on leadership helps youth develop self-esteem, self-discipline, build character and practice making healthy lifestyle choices as a group. Adults (parents & trained 4-H Volunteers) partner with youth to run community clubs and project activities; providing important role modeling and mentoring. Youth not only learn how to build healthy relationships with their peers, they are building positive relationships with trusted adults, which are both key ingredients to positive youth development and overall health.

Check out the USDA’s 4th “H” for Health challenge:

Continued on next page....
Community Service and Health Benefits

Did you know? Doing something nice for others can help increase your own personal mental health. 4-H provides many opportunities for youth and adults to help others; community clubs complete multiple community service projects annually that include spending time at retirement communities, supporting veterans, working at local food banks, providing gifts and meals to local families during the holidays and much more.

For more information on ways to improve your Daily Mental Health visit: https://namimc.org/11-things-daily-mental-health-can-stay-balanced-happy/

Article written for the UW-Extension September Newsletter (https://winnebago.uwex.edu/newsletters-and-publications/)  
“Taking a Closer Look-What are the 4 “Hs” anyways?” (https://winnebago.uwex.edu/2018/09/07/13729/)

More Health Resources

⇒ Suicide Prevention & Support:  
Community for Hope, Oshkosh  
http://communityforhope.org/

⇒ Book: “The Invisible String”  
(tool for discussing grief with young kids)  

⇒ 4-H Health Resources:
  • United States Department of Agriculture:  
https://nifa.usda.gov/program/4-h-healthy-living
  • National 4-H Council:  
https://4-h.org/parents/healthy-living/
  • Wisconsin 4-H:  
https://fyi.uwex.edu/wi4hprojects/family-home-health/
  • Complete the USDA’s “4th H for Health” Challenge  
  • UW-Extension Parenting Resources  
https://parenting.uwex.edu/
Unfortunately in the last year many of you in the 4-H program have been touched by grief and loss...most tragically the death of 2 youth members in the last year, one of them to suicide. Many leaders and parents have asked for resources on grieving in general and/or suicide in particular. I have arranged to have community experts come in to provide us some resources in October. Please join us if you feel either or both of these opportunities would help you or others your know.


Come join us to talk about the normal grief process, discuss coping skills and how to help someone who is grieving. We will also touch on support services available in our area. Open to 4-H leaders, member, parents and families. Food will be provided.

**Suicide QPR Training: Thurs. Oct. 11, 7-9pm**

QPR stands for Question, Persuade and refer – 3 simple steps that anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade and refer someone to help. Join us to learn about suicide, how its impacting our community and to become a “gatekeeper” (someone who is in a position to recognize a crisis and the warning signs that someone may be contemplating suicide). Gatekeepers can include parents, friends, neighbors, teachers, ministers, doctors, nurses, 4-H Leaders, police officers, caseworkers, firefighters and many others! This training is open to anyone 14 years old and up. High school youth, parents, leaders, friends and family are all welcome to join us - no need to be a 4-H leader/member to attend! Food will be provided.

- Location: James P Coughlin Center: 625 E County Rd Y, Oshkosh
- Advance registration is NOT required for these events, but will help us plan for food & materials. Contact UWEX to sign-up
- If these dates do not work for you, but you are interested in participating in one of these - please let me know. We are looking at scheduling future dates and/or topics.

My condolences and deepest sympathy to anyone who has lost a loved one or to any of you struggling with some other challenge that life has presented you with. Please know that your 4-H family is always here to support you and it's always OK to ask for help with any challenge you are facing.

Jody Bezio, 920-232-1974, jody.bezio@ces.uwex.edu
4-H Club News & Events

Send us your Club Minutes!

We want to:

- Hear what you’re doing
- Share ideas between Clubs
- Help your Secretary become “published”
- Recognize accomplishments at the club level

Include information about who did demonstrations/speeches, project meetings, community service & fundraising your club is doing. Articles are due by the 15th of the month to: chollmaier@co.winnebago.wi.us

Share your Service Project Story!

Have you done an outstanding service project and want to share your story?

The Wisconsin 4-H Foundation is looking to highlight the generous efforts of Wisconsin 4-Hers. Tell us about your service projects, as individuals or as clubs. In response to the National 4-H campaign, #30DaysofDoing, we want to hear about what Wisconsin’s 4-H kids are doing to make our world a better place.

Your story could be highlighted in our end of year mailer, and shared on Facebook and other social media.

Submit your story
(not more than 100 words)
by October 31, 2018 to
info@Wis4HFoundation.org

Contact the Wisconsin 4-H Foundation office if you have questions: info@Wis4HFoundation.org or 608.262.1597

We’re looking forward to reading about how you help your community!
4-H Charter Information: Clubs & Committees

4-H clubs and groups who wish to use the 4-H Name and Emblem must annually complete the 4-H Charter document. This document authorizes the club or group to use the 4-H Name & Emblem for educational purposes in accordance with laws and regulations established by Congress and the U.S. Department of Agriculture.

- Annual Financial Report Due: November 1
- Charter Annual Renewal Due: November 1

Paperwork for the charter is available on the state 4-H website (https://fyi.uwex.edu/wi4hvolunteers/clubs-and-groups/charters/) or by contacting the UW-Extension Office. Need help completing your charter? Attend one of our upcoming workshops (see next page).

Annual Training

All Clubs/Groups are required to complete annual training as part of their charter process. This year’s required Annual Training is the 4-H Grows Here workshops (see next page). Every chartered group must send at least one leader to one of these workshop dates.

Officer Training

Our traditional officer training will not be offered this fall, due to the many new training topics being offered this year. Clubs should:

- Try to attend one of the “4-H Grows Here” workshops as a team with their officers and organizational leader(s)
  and/or
- Have officers complete a new online training “Essential Elements of Youth Development” (see page 30)
- Attend Winter Leadership Camp (see page 31)

These opportunities will help youth officers in their role as leaders, role models, assistants to adult leaders, support people to new members, etc.

A new Officer Training Handbook was handed out to clubs at the All-County meeting in August (and are available for purchase online at “Shop 4-H”). This is an excellent resource for your officers to learn the details of their roles.

Officer resources are also available on our website: https://winnebago.uwex.edu/4-h-youth-development/club-group-resources/ (near the middle of the page)
County 4-H News & Events
Leader Training Workshops Available

Annual Financial Report Workshop

- Leave the Workshop with Report Completed including audit!!!
- Reporting & Policy Overview
- Finance Category Definitions
- State Spreadsheet - Tutorial
- Complete Report Paperwork
- Audit each other’s Report

Bring Youth/Adult Financial People & All Financial records/statements

Upcoming Dates:
- Thurs Oct 18, 6:30pm
- Tues Oct 23, 6:30pm
- Sat Nov 10, 9:30am (with 4-H Grows Train)
- Sat Dec 1, 9:30am (with 4-H Grows Train)

Please sign up in 1 week in advance by contacting UW-Extension Office.

Growing 4-H Workshops

- Leave Workshop with Charter Renewal Completed!!!
- New Member Experience
- New Audiences, Expanding Access & Diversity
- Marketing & Communication
- Complete Charter Goal(s)
- Resources & Tools

Bring Youth/Adult Leader Team!

Upcoming Dates:
- Thurs Oct 4, 6:30pm
- Sat Oct 13, 10:00am
- Sat Nov 10, 12 Noon (with 4-H Grows Train)
- Sat Dec 1, 12 Noon (with 4-H Grows Train)

Please sign up in 1 week in advance by contacting UW-Extension Office.
New Leaders: Volunteers in Preparation (VIP)
This state-mandated training is required for all new 4-H Volunteers as part of their volunteer orientation process. Existing leaders are welcome to attend to refresh their knowledge on any of these topics:

Overview of UW-Extension • Risk Management & Insurance • State 4-H Policies • Essential Elements of 4-H • Life Skills • Experiential Learning Model • Youth Adult Partnerships • Resources for Leaders

Wednesday, October 3 – 6:30pm – 8:30pm
Friday, October 5 – 1:00pm – 3:00pm
Wednesday, October 17 – 6:30pm – 8:30pm
Thursday, November 1 – 6:30pm – 8:30pm
Friday, November 2 – 1:00pm – 3:00pm
Thursday, November 15 – 6:30pm – 8:30pm
Friday, November 16 – 1:00pm – 3:00pm

Registration is required and due one week prior to the event you are attending, please contact the Extension Office by calling 920-232-1974 or emailing Carol at: chollmaier@co.winnebago.wi.us.

Ongoing Volunteer Support
Many of our volunteers and leaders have asked for additional training to help support them in their role working with the kids. You will see MANY new training opportunities available in upcoming months. Please choose the opportunities that are right for you and will help you better support our youth. These opportunities are open to adults AND youth.

• Grief Support: Sunday October 7 at 5:30pm (see page 15)
• Suicide Prevention-QPR: Thurs, Oct 11 at 7pm (see page 15)
• Treasurer Workshops (previous page)
• 4-H Grows Here Workshops (previous page)
• NEW! Essential Elements of Youth Development (available online) (see page 30)

Coming Soon!
CPR/First Aid, Sources of Strength (recognizing & building strengths in ourselves and our youth), Real Colors (personality workshop), Taking Care of You (how to be a good support person for others)

???? - What else would help you in your role as a leader????
Let us know what else you would like to see offered or repeated.
Re-Enrollment Deadline

November 20

All current 4-H Members & Volunteers (leaders) will need to go to 4honline to re-enroll for the 2018-2019 4-H Year. This process includes:

- Verifying all of your profile/contact information
- Updating Health Records
- Signing Assumption of Risk, Hold Harmless Agreement, Code of Conduct, Emergency Treatment, and an Optional Photo Release
- You will also be able to update your club and project selections

https://wi.4honline.com/

2018/2019 Re-enrollment Tips:

⇒ Double Check **Phone/Email for each Family Member**—this is how our office knows the best way to communicate with adults and youth in your household!

⇒ **Don’t forget:** If you are NOT re-enrolling in a project this year, you need to click “edit” and “delete” next to the project in your list. The list of projects you see should be ONLY the projects you want to be signed up for in 2018-2019.

⇒ **NEW: Youth & Adult Project Leaders.** To indicate you are a project leader (youth or adult) you will need to:
  - Answer “YES” to “Are you a volunteer?” (first page of your profile information)
  - On the Participation/Projects page “Select a Volunteer Type” for any projects you are a leader in (found in “add” or “edit”). This allows you to choose “Youth Leader”, “Project Leader”, etc.

⇒ **NEW: CODE OF CONDUCT UPDATED FOR 2018/2019.** Please review with each 4-H member before “signing” this agreement in 4HOnline. (see on next pages)

⇒ No computer access? No problem! You are welcome to use a computer at the UWEX Office or request paper forms from us.
Project Selection Deadline

While re-enrollment has to be submitted by November 20, January 31 is the deadline to make your final Project Selections.

Only members enrolled by January 31 will be eligible to show (in their projects listed in 4honline) at the County Fair in August.

How do I choose my projects?
- Review the 4-H Project Guide and other project info on our website: https://winnebago.uwex.edu/4-h-youth-development/projects-and-activities/ Note: The 2017-2018 guide is still accurate, but will be updated this fall with additional info.
- Visit the Winnebago County Fair Website to get exhibit ideas http://www.winnebagocountyfaironline.com/ (Fair Book)
- Check out the amazing 4-H Project Curriculums (available for purchase online https://shop4-h.org/collections/curriculum or “check-out” from our library at the UW-Extension Office).

What’s the difference? 4-H Projects vs. Fair Exhibits
A 4-H “project” is an area of interest you want to learn more about (like a hobby). This is what you sign-up for during enrollment in 4HOnline (Vegetables, Horse, Robotics, etc). A project is intended to help you explore, learn, and practice skills in your areas of interest.

Youth must choose their projects by January 31 so they have plenty of time to learn about or practice with their project area before the fair.

A county fair “exhibit” is what you actually TAKE to fair - like the cabbage you grew, the animal you trained, or the robot you built while exploring and learning about your project(s). You do not need to show everything you did in your project(s) – pick some of your best accomplishments!

Youth sign up to exhibit at Fair during the months of May/June.

Youth must sign-up in at least one project to learn about this year. However, showing at fair is optional.
NEW! Youth Code of Conduct

GOLDEN RULES

As a 4-H participant, I will:
⇒ Be curious to learn.
⇒ Be respectful to self and others.
⇒ Work to positively resolve problems or differences.
⇒ Accept guidance from UW-Extension staff and volunteers (4-H Leaders).
⇒ Follow program rules, curfews, dress codes, policies, and rules of the facility being used.
⇒ Use appropriate language, exhibit good sportsmanship, and be a positive role model.
⇒ Comply with local, state and federal laws.
⇒ Abstain from use of alcohol, illicit drugs, and tobacco during any 4-H program, activity, or educational experience.
⇒ Fully participate in scheduled activities and orientations.
⇒ Respect others' property and privacy rights.
⇒ Abstain from child abuse (physical, sexual, emotional and neglect), harassment, hazing and bullying.
⇒ Refrain from all sexual activity/contact during any 4-H program, activity or educational experience.
⇒ Accept personal responsibility for behavior including any financial damage.
⇒ Follow safety rules.

Consequences for violating any part of this Code of Conduct may include, but are not limited to:
- Removal from leadership positions held.
- Removal from participation in the event in which the Code of Conduct has been violated (at the individual’s expense).
- Forfeiture or repayment of financial support for the event.
- Sanctions on participation in future 4-H events.
- Suspension of membership.
- Dismissal from 4-H.

Expectations for Parents/guardians:
⇒ be a role model of the code of conduct for their children
⇒ assist their children in following the code of conduct
⇒ ask for help from 4-H Leaders or UW-Extension staff if they do not understand the code of conduct.
Families, individuals, and organizations trust UW-Extension (UWEX) to provide quality leadership and care for those who are involved in Extension-sponsored programs. The opportunity to work as a volunteer with UWEX is a privileged position that should be held only by those who are willing to demonstrate behaviors that fulfill this trust.

**Volunteer Behavior Expectations**

As a UW-Extension volunteer, I will:

- Cooperate with and support UWEX staff to jointly further the mission of the UWEX. Accept supervision and guidance from UWEX staff or designated management volunteers.
- Conduct myself in a manner that is in the best interest of program participants and UW-Extension and will not use the volunteer position or title for purposes of private or personal gain.
- Use appropriate University research based resources/information.
- Make all reasonable efforts to ensure that programs are accessible to all individuals regardless of race, color, sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental status.
- Abide by all local, state and federal laws and UW-Extension and U.S.D.A. rules, policies and guidelines.
- Conduct myself with courteous manners and language, exhibit good sportsmanship, serve as a positive role model, treat others with respect, and demonstrate reasonable conflict resolution skills.
- Not consume or be under the influence of alcohol or illegal substances while in the role of a UW-Extension volunteer, nor allow youth participants under my supervision to do so.
- When transporting youth or adults, operate motor vehicles and other equipment in a safe and reliable manner and only with a valid operator’s license and the legally required insurance. I will comply with all motor vehicle-related state regulations and laws.
- Treat animals in a humane manner and teach program participants to provide appropriate animal care and management.
- Report suspected verbal, sexual, physical abuse and neglect of youth to local authorities.
- Not conceal carry firearms and/or weapons while acting in a volunteer role. I understand that if I am a 4-H Youth Development shooting sports volunteer, I am expected to openly carry/transport 4-H shooting sports equipment in designated areas.
- Immediately notify my county UW-Extension Educator/Agent of any changes with my status (e.g. contact information, criminal arrest, charge or conviction history, driving privileges, etc.)

Not following expectations may result in suspension/termination.
County 4-H News & Events

Leaders’ Association
The Winnebago County 4-H Leaders’ Association helps to plan, implement and fundraise for 4-H programming at the County Level. All youth and adult leaders are voting members of the Association, which meets 3 times/year (January, April and August) on the 4th Tuesday of the month. https://winnebago.uwex.edu/4-h-youth-development/4-h-leaders-association/.

The Association elects a Board of Directors who oversee the business of the Association. Adult Directors serve a 3 year term—they can be re-elected for a 2nd term but then must leave the board for at least 1 year. Youth Directors serve a 1 year term. Elections for open Director positions are held annually at the Family Banquet in October.

Interested becoming a Board Member?
The 4-H Leaders’ Association has 4-5 Adult Positions and 2-3 Youth Positions open for the 2018 election to be held on October 20 at the Family Banquet. Nominees will be accepted through the time of the banquet; however, to have your information printed for the ballot, please submit your name and brief bio to the UW-Extension Office by October 16. A position description is available on the website: https://winnebago.uwex.edu/files/2018/03/4-H-BOD-Position-Description-WEBSITE.pdf If you have questions about the Board of Directors, please contact Joe Kuehnl, president at 920-836-1736.

Upcoming Board of Directors Meeting
The next 4-H Leaders’ Association Board of Directors meetings are Tuesday, October 16, and Tuesday, November 27, at 7:00pm at the JPCC. There will not be a December meeting. Contact Joe Kuehnl, 4-H Leaders’ Association President, 920-836-1736 at least one week prior to the meeting if you would like to add an item to the agenda.

Pizza Making Coordinator Needed ASAP
After many years of running a super successful pizza making fundraiser, Mark Kunde is stepping down from his role as coordinator. We can’t thank you enough for all you’ve done to support the youth of Winnebago County 4-H Mark!

That means, we need you! Anyone interested in becoming the new coordinator or joining the Pizza Committee should contact the UW-Extension Office or Joe Kuehnl. For more info: https://winnebago.uwex.edu/4-h-youth-development/4-h-leaders-association/fundraising/
4-H Ambassadors

◊ Are you interested in planning fun 4-H events?
◊ Do you like to explore and learn about new projects?
◊ Are you in 6th grade or older?
◊ Do you like food?

If you answered "yes" to any of these questions, we want you to attend our meeting! We will be talking about and planning for 4-H Fun Day. It is our first big event of the new 4-H year ~ held on February 2, 2019. AND...BONUS...We always have food or snacks at our meetings! So, bring a dish or snack to pass and join us for 4-H, Fun, Friends (new & old) and FOOD! Parents are always welcome too.

OUR NEXT MEETING IS
SUNDAY, October 14th at 6:30 p.m.
at 6767 County Rd. T, Oshkosh
If you have any questions, please contact Joe Kuehnl at 920-836-1736

4-H Annual Halloween Skating Party

Cost is $3.75/person.
A snack coupon will be given to everyone in costume.

• All Ages Are Welcome!
• Costumes Are Encouraged!
• Prizes Will Be Awarded!

Sunday, October 21, 2018
4:00-6:30 p.m.
Fox Valley Roller Rink
1215 Gillingham Rd.
Neenah, WI 54956
Outstanding Record Books – Club Level

- Clubs set a due date for Record Books in their club (typically in September/October)
- Club leaders (organizational, project, activity, etc.) read books, write comments, and select CLUB OUTSTANDING books (approximately 25% of club’s membership).
  - Club leaders may read their own books or exchange with another club.
  - Outstanding Club Record Books should be based on:
    1. “Record Book Keeping Guidelines”
       https://winnebago.uwex.edu/4-h-youth-development/4-h-record-books/
    AND/OR
    2. Individual effort/improvement in record keeping
    3. Other factors club leader wants to recognize (best new member book, trying something new, etc)
  - Each outstanding Record Book at the club level will receive a “Club Achievement” sticker (available at the UWEX Office)
  - Readers should provide written comments to the youth on the inside back cover of the book or on a comment sheet (if provided by the club).

Outstanding Record Books – County Level

County Record Book Reading will be held on

**Wednesday, November 7 5:30-8:30pm**

at JPCC (Record book reading lasts 2-3 hours, depending on the number of books/readers)

**Clubs wishing to participate must:**

- Bring their Club Outstanding Books on Wednesday, Nov 7 at 5:30pm
  OR
  - Drop books off at UWEX by 4:30pm Nov. 7.
  - Give books to Jody at Banquet or Skating Party
  - Give books to Sarah at Pizza Making
- Each Club that sends Record Books must also send **1 adult representative** from their club to help with reading. A club representative can be a 4-H leader, parent, community member or even a 4-H leader or parent form another club who is willing to represent your club.
What do County Record Book Readers do?

- Write comments to let youth know what they did really well.
- Write 1 suggestion that would most improve the youth’s record keeping for next year.
- Determine outstanding status of books based ONLY on the “Record Book Keeping Guidelines.” (approximately 25% of club’s membership). Record Books that are determined to be outstanding at the County Level will receive a second gold sticker.
- Nominate books that are **exemplary examples of record keeping** for “Best of the Best” awards.

**NEW IN 2018:** Youth do NOT need to complete more than 5 Project Sections for their book. For example: if a youth signed up for Foods, Dairy, Crops, Photography, Rabbits, Woodworking, Poultry, Pigeons and Turkeys; they should choose 5 of those to complete record book pages/sections on.

**Reasons for this change:**

⇒ Project selections have become more specific in recent years so youth have been encouraged to sign up for more projects rather than less (“Drawing & Painting”, “Block Printing” and “Leathercraft” vs just signing up for “Art”)

⇒ Keeping detailed, accurate records on a few projects that a youth spent the most time on is more meaningful record keeping practice than filling pages with “N/A” for projects the youth did not end up spending much time on throughout the year.

**More Record Book Information**

Is available on our website (https://winnebago.uwex.edu/4-h-youth-development/4-h-record-books/), by talking to your 4-H Club Leaders or by contacting Jody at the UW-Extension Office (jody.bezio@ces.uwex.edu or 920-232-1974).

**Record Book Committee**

Contact Jody if you’re interested in joining the Record Book committee to help Grow the 4-H Record Book program in Winnebago County! Youth and adults are welcome to join. Meeting dates TBD.
We’re in the News!

Don’t forget to promote your 4-H Club or group during National 4-H Week October 7-13 or throughout the year. Club Secretaries, reporters and photographers are encouraged to submit monthly information to local newspapers. Contact the UW-Extension office for “how-to” tips. Let’s brag about our great program and all the amazing youth that are a part of it!
Youth as Partners in Civic Leadership (YPCL)
November 9-11, 2018 Upham Woods in Wisconsin Dells
The mission of the Youth as Partners in Civic Leadership Conference (YPCL) is to advance youth voice in Wisconsin by increasing the capacity for youth and adults to share civic leadership in local communities, schools and organizations. We advocate for a youth voice and build mentoring, networking and learning opportunities.

Who should attend? Teams of high-school-age youth (ages 14-18) and adults (21 or older) sharing decision-making roles in communities, schools and organizations (19 to 20 year olds are also welcome but should register as adults.) Groups are limited to 10 people with the preferred ratio of 4 youth to one adult.

- Registration and other information is available at https://fyi.uwex.edu/wi4hcitizenship/ypcl/
- To reserve a spot, be sure to send in the team registration form by October 5, 2018.
- Questions about the event: Matt Calvert matthew.calvert@ces.uwex.edu, 608-262-1912
- Questions about registration: Lynn Pfeiffer lynn.pfeiffer@ces.uwex.edu, 608-262-1222

Wisconsin 4-H License Plates Available
We wanted you to know: The Wisconsin 4-H license plate is available through the Wisconsin DMV, as of September 1, 2018. We will officially launch the plate later this Fall and will be providing every county with information about how proceeds from the sale of every plate will be shared with the county in which the plate was purchased. That means money coming to the Wisconsin 4-H Foundation and to county 4-H programs.

Please visit the Wisconsin DMV for pricing and more information: https://wisconsindot.gov/Pages/dmv/vehicles/title-plates/4hf.aspx
Online Training Available
There are now 2 online training modules available for Leaders to do at their own pace or at their own convenience. Both trainings are available in 4HOnline. After logging into your own member profile, you will see “Trainings” near the top of the screen. Click here to get started!

1. **Mandated Reporter for UW-Extension**
   This training goes through everything an adult leader needs to know about child abuse & neglect including signs of abuse and when & what to report to authorities to get help for our kids and families. This training is available to adult leaders only.

2. **BRAND NEW! Essential Elements of Youth Development**
   Belonging, Mastery, Generosity and Independence are the 4 Essential Elements of Positive Youth Development. Would you like to learn more and how they relate to your role as a 4-H Leader? Check out how you as an adult volunteer or youth leader can use these elements in your club, projects or activities.
   
   You will have an opportunity to:
   - Learn about each element in relation to different age youth from K-12th grade.
   - Consider how you can develop life skills in youth
   - Build on what you know to foster the growth of these elements in youth
   
   Each module is about 7-10 minutes in length.
   You move through the module at your own pace. It will take you about 30 - 45 minutes to complete all four modules. This training is available to YOUTH and ADULT Leaders.
Winter Leadership Camp  
(2019 East Metro Region)  
Attention youth leaders in grades 6-8 and adult 4-H volunteers!

Don’t miss your chance to participate in the 2019 East Metro Region Winter Leadership Camp. It is always a great weekend full of leadership development and fun! From teambuilding, group facilitating, and goal setting to sledding, night hikes, and campfires, there will be something for everyone! Mark your calendars now for a terrific time…this year’s 4-H East Metro Region Winter Leadership Camp will be held **February 8-10, 2019**, at Camp TaPaWingo near Mishicot, WI. Cost is $75.00.

Older youth from throughout the East Metro Region will come together at 4-H Winter Leadership camp to work on improving their leadership skills through hands-on, interactive leadership sessions. Youth will gain a better understanding of what it means to be a leader and how to apply being a youth leader in their club, county, and school. Along with leadership learning, youth will have opportunities to participate in a variety of recreational activities that may include sledding/tubing, snowshoeing, crazy games, and other outdoor activities.

Adult leader volunteers are also needed as chaperones to support youth in learning leadership skills and experiencing the great outdoors.

If you’re interested attending, please contact your UW-Extension Office for an application. **Deadline is Friday, January 11, 2019.**
Educational Travel Opportunities
Wisconsin 4-H provides several amazing opportunities for youth to travel, explore about other parts of the country and learn and practice leadership skills. See [https://fyi.uwex.edu/wi4hedopp/](https://fyi.uwex.edu/wi4hedopp/) for more information on any of these experiences.

⇒ Registration for many of these trips begins this fall and is done through 4HOnline. No application/interview necessary for youth to attend.
⇒ Youth may only attend each experience once.
⇒ See next pages for stories from past Travel participants.
⇒ **4-H Leaders’ Association Support**
The Winnebago County 4-H Leaders’ Association helps provide financial support for Educational Travel Experiences (typically 1/4—1/3 of the total cost). The sponsorship application process for 2018-2019 is still being reviewed/updated by the Leaders’ Board. More information coming soon!

**4-H American Spirit Experience (East)**
**When:** (choose one) June 7-16; June 12-20, or July 5-14, 2019
**What:** Youth learn about America’s heritage and build awareness of the many steps taken to gain U.S. independence and freedom by visiting historical sites in Philadelphia, New York, Boston & more.
*Youth will need a passport to travel into Canada.*
** Grades:** 8th-10th
*Youth are strongly encouraged to attend Wisconsin 4-H & Youth Conference before attending 4-H American Spirit.
**Cost:** Approx. $1,400
**Registration:** Email Jody ([jody.bezio@ces.uwex.edu](mailto:jody.bezio@ces.uwex.edu)) if interested in this experience by Wednesday October 24.

**4-H American Spirit Experience (WEST)**
Plans are being made for 2020. This is an every other year experience.

**Space Camp**
**When:** April 25-29, 2019
**Where:** Huntsville, Alabama
**What:** Delegates team up for hands-on mock space missions and other STEM activities in this NSA program while exchanging ideas with 4-H youth from across Wisconsin.
**Age:** 4-H members in grades 6th-8th. Maximum age 15 at time of trip.
**Cost:** Approx. $625
**Registration:** Participants register in 4HOnline from Nov 7—Jan. 1 Youth may attend Space Camp a 2nd time as a Counselor (must be in grades 8th-10th) and must apply/interview) **Applications Due Nov 15.**
State 4-H News & Events

Citizenship Washington Focus
When: (choose one) June 15-23 or July 6-14, 2019
Where: National 4-H Center, Washington D.C.
What: Participants learn the importance of civic and social responsibilities as they relate to the development of better citizens and leaders. The week consists of participatory workshops, speakers, committee work, field trips, and social events.
Grade: 10th–12th graders; Minimum age 15 during trip
Cost**: Approx. $1400
Registration: Register in 4HOnline from Nov 15—Dec 15

National 4-H Conference
When: April 5-11, 2019
Where: National 4-H Center, Washington, D.C.
What: Six to eight (6-8) TOTAL youth from Wisconsin are selected to attend this working civic conference. Each delegate selects an issue and collaborates with youth from across the country in an effort to help better direct future 4-H programming.
Grade: Must be in 10th-12th grade during program.
Max age: 18 as of Jan 1, 2019.
Cost**: Approx. $1,300
Registration: Applications available from UWEX. Due Nov 16, 2018

National 4-H Congress
When: Nov 29-Dec 3, 2019
Where: Atlanta, GA
What: Delegates participate in self-development seminars, tours, and perform community service while exchanging ideas with youth from across the country.
Grades: 10th-12th at time of selection, max age of 18 on Jan 1, 2019
Cost**: Approx. $1,200
Registration: Register in 4HOnline May 1– June 1 2019

WI 4-H & Youth Conference
When: June 24-27, 2019
Where: UW-Madison
What: Pre-college program. Participants take part in educational seminars and assemblies and meet people from across Wisconsin.
Grades: 7th-10th
Cost**: Approx. $300
Registration: Register in 4HOnline April 2-15, 2019

**All costs are approximate and subject to change. Upon trip participant selection, final costs will be calculated and contracts completed. Financial assistance from 4-H Leaders’ Association will vary depending on number of applicants.**
My Space Camp Experience
by Wallace Eagan
In April, I went to NASA Space Camp as a 4-H delegate for Winnebago County. You have to be at least in 6th grade to apply for this trip. The camp is in Huntsville, Alabama. We got to go on fun rides in the training simulators, watch a movie, build a rocket, and climb the rock wall. We learned about astronauts and the space program, and did a mock mission. Space Camp is very exciting, with a lot of things happening each day. I hope some of you will be encouraged to go to Space Camp!

My American Spirit East Experience
by Abi Thede
This year I was a Wisconsin Delegate for the American Spirit Experience with a total of 44 delegates from Wisconsin. Once it came time to leave everyone met at Sheboygan University Extension Office and we all boarded the bus. I was nervous at first because I didn’t know anyone, but I met so many new friends right away! One way they had us meet new people was having us switch places with someone else at each bus stop - we would sit with them for a little bit to get to know them! We also had different roommates when we would stay at hotels so we got to know each other better! Some places we stopped at were Ohio, Philadelphia, New York City, Massachusetts, and then Canada. My two favorite things we did on the trip were, the Whale Watching cruise in Boston, Massachusetts and the boat trip and walking the streets in Niagara Falls in Canada. Before each place we went to, each delegate would give a presentation about the place, so we learned a lot! I am really happy I got the opportunity to go on this trip, see and learn so many things, meet new people, and take new chances! I would really encourage anyone to go on this trip because it was really amazing and I definitely would go again!
My American Spirit West Experience
by Eden Chapin
This past June I had the opportunity to go on a brand new trip offered at the state level called American Spirit WEST Experience. This trip focuses on a few of the great American West’s most iconic National Parks, Monuments, Memorials, and experiences. Activities vary from hiking in the Badlands to watching Old Faithful geyser in Yellowstone, along with Pipestone’s deep history in Native American culture, Devil’s Tower and it’s infamous legend, to the memorable faces of Mount Rushmore, and Jewel Cave’s cool and winding caverns. My personal favorite hike was when we visited Grand Teton National Park and at the end of it, we were able to view a crystal-clear mountain lake. Our group tried our hand at camping for a few night while we stayed at Grant Village Campground in Yellowstone National Park. We also got a taste of western hospitality when we visited the Bar J. and enjoyed an amazing Chuckwagon dinner with genuine live cowboy music. Not only did I see some beautiful places on this trip but I also met a lot of amazing people from across the State and made a bunch of new friends and unforgettable memories. This was a trip I’ll never forget.

My Leadership Washington Focus Experience
by Kathryn Eagan
This past spring I went on the Leadership Washington Focus trip with about 30 other kids from WI. We left on the 15th of July from DeForest, WI, and drove to a hotel in Indiana. From there we drove to Washington D.C., where we stayed for a couple days in the National 4-H Conference Center. Over the next couple of days we visited the Washington Monument, The National Archives, The Udvar Hazy Air and Space Center, The Martin Luther King Jr. Memorial, The Library of Congress, The Einstein Memorial, The Lincoln Memorial, and the Thomas Jefferson Memorial, just to name a few. We also had 7 sessions called “Breakouts”, where we learned more about leadership and teamwork with our instructors. On Friday, sadly, we had to check out of the National 4-H Center and drive the roughly 14 hours back to DeForest where we were picked up and taken home. I had a great time on this trip, I learned and saw so many new things and met many new people! I definitely encourage others to travel and learn like this!
Adult Leaders—you can travel too!
Apply today to be an adult advisor with Wisconsin 4-H! Adult advisors travel to many different cities across the United States with youth participants to serve as mentors, guides, and support for the youth on the programs. Adults are responsible for the well being of all youth participants and must work as a team to ensure that an experience runs smoothly.

What opportunities exist?
- Citizenship Washington Focus in Washington, D.C. (June-July);
- National 4-H Congress in Atlanta, Georgia (late November);
- Space Camp in Huntsville, Alabama (late April);
- American Spirit Experience – East (Early June or July);
- Wisconsin 4-H & Youth Conference (Late June);
- International immersion programs in Costa Rica, Japan, Finland, South Korea (4 weeks, summer 2019);
- Other Educational Programs that are under development.

Who can apply?
- Applicants must be at least 21 years old (25 for some experiences) at time of program.
- Applicants must have completed the Wisconsin 4-H VIP Training and currently be registered as 4-H leaders.

More Information: [https://fyi.uwex.edu/wi4hedopp/adult-advisors/](https://fyi.uwex.edu/wi4hedopp/adult-advisors/)

How do I apply?
- Applications are done online through your 4HOnline profile on the events page under “2019 Educational Programs Adult Advisor Application”.
- Youth Conference adult advisors must apply through the “2019 WI 4-H & Youth Conference Adult Advisor Application” in 4HOnline.

A complete application must be submitted to WI State 4-H by 4:30pm February 15 (Dec. 1 for international programs).
Have you ever thought about traveling abroad? Are you interested in learning about other cultures and lifestyles? Would you like to make international connections?

If you said yes to any of the above questions, then you should consider participating in the Wisconsin 4-H Summer Homestay Program in 2019! Every summer, WI 4-H members have the opportunity to stay with a host family for one month in either Costa Rica, South Korea, Finland or Japan. They get the opportunity to learn more about another culture, share their own culture, enhance their confidence and communication skills, as well as build lifelong relationships across the globe! So, why not enjoy a life changing experience that will help you grow and gain a stronger global awareness.

This opportunity gives youth the chance to travel to a new country and experience a total cultural immersion program by living with volunteer host families. Participants will experience all aspects of their daily life to best understand their new host culture. The program is run through WI 4-H and States 4-H, which have a network of international partners to plan enrichment activities for the delegates abroad, such as cultural excursions, summer group camps and more. Youth are also chaperoned by adult volunteers who stay with other host families in country during the exchange for support or assistance.

For more information visit https://wi4hinternational.org/homestay/ or contact Wisconsin 4-H International Programs at wi4hinternational@ces.uwex.edu or call us at 608.262.2491. We look forward to hearing from you soon, so we can help you start YOUR once in a lifetime experience!
Winnebago County Fair Association

The Winnebago County Fair is run by the Fair Association Board of Directors, a community group of elected volunteers. Fair Board Directors volunteer their time year round to plan, fundraise for and organize all aspects of the county fair.

After many, many years of running the county fair, several key leaders are retiring including: Tom Eagan (President), Julie Barthels (Treasurer) and Jim Selle (Vice President). Thanks for all you’ve done to provide us with a Fantastic Fair!

The Fair Association is looking for anyone who is interested in joining their team and running for a director’s position on the Fair Board. If you have the time and drive for a commitment like this and would like to see changes made at the fair, please contact any current board member to get you name on the ballot. There are 6-9 director positions available this year.

⇒ You must be 18 years old and
⇒ a resident of Winnebago County

The election will be held at the Fair Association Annual Meeting Thursday December, 13 7:00pm (JPCC). All Association members (anyone who bought a $30 fair pass), are welcome to join us at the annual meeting and vote for the future leaders of the Fair Association!

The public is welcome to attend any of our monthly meetings. Regular Meetings (not Nov or Dec) are the 4th Thursday of the Month at 7pm. Public is welcome to join us and share ideas during the Guest Introduction at the beginning of the meeting. Visit our Website for all Fair Related information: http://www.winnebagocountyfaironline.com/
Meat Animal Board
Find us on Facebook for current information!
https://www.facebook.com/wc.meatanimalboard

Annual Re-organization Meeting
Wednesday October 10 7:30pm
James P Coughlin Center (JPCC)
• elections for youth and adult board members
• information on this year’s educational program/qualification for Sale Participation

Interested in becoming a Meat Animal Board Member? Contact Sharon Gibson (sagatthc@gmail.com) or 920-379-1327 ASAP.

All youth and families are welcome to join us monthly (2nd Wednesday at 7:30pm) for important updates, youth participant information and training opportunities. All youth who wish to participate in the Meat Animal Sale held during the County Fair must complete an educational program, including attending some Meat Animal Board Meetings.

Poster Contest
The Wisconsin Honey Producers Association are sponsoring a Poster Contest for youth statewide.

2018 THEME: Honey Bees: Jobs They Do!

Grade/Age Divisions:
2nd grade & under • 3rd – 5th • 6th – 8th • 9th – 12th

Prizes for Each Division: 1st – $35; 2nd – $25; 3rd – $15

For Rules: https://www.wihoney.org/

Deadline: Mail by October 26, 2018
For questions: Shelly Astle at (608) 489-2456 or shelly@mwt.net.
Winnebago County UW-Extension Office

J. P. Coughlin Center
625 E. County Road Y, Suite 600
Oshkosh, WI 54901-8131
(920) 232-1974
FAX (920) 232-1967

HOURS: Monday through Friday
8:00 AM - 4:30 PM
Website: http://winnebago.uwex.edu/

UW-Extension Staff

4-H Youth Development
Jody Bezio,
Interim 4-H Youth
Development Educator
Sarah Thompson
4-H Youth and Science Educator

Family Living
Mandi Dornfeld
Family Living Educator

Nutrition Education Program
Kristine Soper
Educator
Evan Groth
Educator

Agriculture & Commercial Horticulture
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Chad Cook
Natural Resources Educator

Support Staff
Amy Hendrickson
Carol Hollmaier
Ashley Rolph

Check us out on Facebook:
https://www.facebook.com/4hwinnebagocounty/

Look for this symbol throughout the Newsletter for activities funded by the 4-H Leaders’ Association.

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