

# Winnebago County Mental Health Resources

## Suicide Prevention

If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available free, 24/7 across the United States. Call 1-800-273-8255 or text "HOPELINE" to 741741 to be connected with a local crisis center. Veterans in crisis and their families and friends can be connected with qualified Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text by calling 1-800-273-TALK (8255) and pressing 1.

**Text** the Center for Suicide Awareness: "HOPELINE" to 741741

**Call** The National Suicide Prevention Hotline: 1.800.273.TALK (8255)

## Community for Hope

Community for Hope is an organization that promotes suicide prevention, intervention, and grief support. Has a Survivors of Suicide Loss Support group for family members, friends, etc. for those who have died by suicide (minimum age is 14 years to attend this group). There is also a Teen Survivors of Suicide Group open to adolescents ages 13-19.

**Phone:** 230-4840

[www.communityforhope.org](http://www.communityforhope.org)

## Mental Health Support

### NAMI Oshkosh

525 N. Main, Oshkosh

**Phone:** 651-1148

NAMI Oshkosh runs peer mental health groups for all ages within the Winnebago County area.

### Winnebago County Mental Health Walk-In Clinic

Oshkosh Location: 220 Washington Avenue

Monday 8:00 am - 3:00 pm

Tuesday 8:00 am - 3:00 pm

Wednesday 12:30 pm - 3:30 pm

Thursday 8:00 am - 3:00 pm

Friday 8:00 am - 3:00 pm

Neenah Location: 11 N Commercial Street

Monday 8:30 am - 12:00 pm

Tuesday 8:30 am - 12:00 pm

Thursday 1:00 pm - 4:00 pm

Friday 8:30 am - 12:00 pm

Call ahead to make sure the Walk-In Clinic is open, as sometimes the above hours must be changed to adapt to unforeseen scheduling problems. **Oshkosh:** 920-236-4700; **Neenah:** 920-727-2882

### Winnebago County Crisis Services

The Crisis Intervention Hotline is available 24 hours a day, 7 days a week, 365 days a year. The hotline operator will ask simple questions about your situation and provide brief counseling and suggestions over the phone. Crisis Intervention number is (920) 233-7707

### Fox Cities United Way Mental Health Continuum

If you need immediate assistance connecting to health and human services (housing, food, counseling, etc.), please call United Way's 211 (dial 2-1-1 or 1-800-924-5514)

1455 Midway Road, Menasha, WI 54952

**Phone:** 920-954-7210

## Domestic Abuse Services & Support

### Christine Ann Center Domestic Abuse Services

206 Algoma Blvd. Oshkosh, WI 54901

Phone: (920) 235-5998- 24 Hour Helpline (business, offices and shelter)

(800) 261-5998 (toll free- Wisconsin only)

info@christineann.net

### Reach Counseling

Call Reach's 24-Hour Sexual Assault Crisis Line at (920)

722-8150

**TEXT United Way 211 by texting your ZIP code to 898211**

**CALL United Way 211 (Dial 2-1-1 or 1-800-924-5514)**

**CONNECT ONLINE: MyConnectionNEW.org**



Extension

UNIVERSITY OF WISCONSIN-MADISON  
WINNEBAGO COUNTY

An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.