

June/July 2021

# Sunnyviews



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### President's Letter

Dear HCE friends

Greetings everyone, I hope this letter finds people out and about again. Those of us who have been vaccinated are finding a sense of freedom going unmasked.

While the Coughlin Center remains closed to non-county dept. meetings, HCE is planning to hold our July 12<sup>th</sup> Executive Board Meeting at the Masonic Center in Oshkosh. We hope to be back at the Coughlin Center for our October 11<sup>th</sup> Annual Meeting.

Some of us will attend the Spring Central District Meeting on June 16<sup>th</sup> at the Holiday Inn in Stevens Point. We will have more information on our duties for the September 19<sup>th</sup>—22<sup>nd</sup> State Conference after this meeting.

Our Spring Banquet/Rally has been repurposed as an August 9<sup>th</sup> Boxed Lunch Picnic at Clayton Park in Neenah, from 11:00am—3:00pm. You will be receiving an invitation by mail with an RSVP response needed. This will be our first opportunity to gather socially since the COVID-19 shut down, so I hope we will have a good response. Hope to see everyone soon!

Your President,  
Sue Berg

### HCE Dates to Remember

June 1 <sup>st</sup>	Start recording 2021-2022 "Impact of HCE" volunteer hours
June 1 <sup>st</sup>	Ardith McDowell Scholarship applications due to WAHCE
June 16 <sup>th</sup>	Central District Meeting
June 30 <sup>th</sup>	Memorial Leadership Scholarship applications due to WAHCE
July 12 <sup>th</sup>	1:00pm Executive Board Meeting 2:00pm Annual Meeting Planning Meeting
July 15 <sup>th</sup>	Submissions due for Aug/Sept Newsletter
July 20 <sup>th</sup> - 22 <sup>nd</sup>	NVON Conference
August 4 <sup>th</sup> - 8 <sup>th</sup>	Winnebago County Fair
August 15 <sup>th</sup>	WAHCE Conference registrations due



**\*\*\* NOTE: Events may be cancelled, postponed, or relocated, pending direction from Winnebago County and/or Extension regarding staff at events or events on county property during the COVID-19 pandemic.**

### WAHCE Policy for COVID-19

*The WAHCE organization has their own policy regarding COVID-19 (see below). Any questions should be directed to the executive board. HCE members can view this policy online at: <https://wahceinc.org/wp-content/uploads/2020/03/Covid-19-policy.docx>.*



*While using Winnebago County buildings, guests will be expected to observe the policies set forth by the county. While partnering with Winnebago County staff, staff will observe the policies set forth by the county. While partnering with Extension staff, staff will observe the policies set forth by Division of Extension and the county. Updates will be provided as they become available.*

The WAHCE Board met Sunday, March 15<sup>th</sup> [2020] and enacted the following policy: All district meetings should be postponed/rescheduled, cancelled, or held via a Wis-line. It is up to the district to make this decision. Encourage county presidents to limit their meetings, too. If you wish to meet via Wis-line (telephone conference), please let President Donna Zarovy ([zarovy@frontier.com](mailto:zarovy@frontier.com)) know and she can set it up.

As of September 1, 2020, all in-person HCE events should follow social distancing and masks are required.

Visit the WAHCE website at <https://wahceinc.org/> for more information.

### Advisor's Letter

Dear HCE Members,

We are nearing the opportunity to gather. I am hopeful for that day. There is nothing quite like being able to feel the positive energy of a room of supportive people. Just as soon as we learn more about what that means for you and our building. It's been a period of time that requires some reflection as we work to make meaning and carry forward the best of what happened during our collective pause.

On a personal note, we have a lot happening in our household. Our youngest daughter is graduating high school after the strangest Junior and Senior year. Our older daughter is engaged, purchased a home (nearby-thankfully), and is getting married in October 2022. It's a season of reflection and savoring. My wish to each of you is that this summer brings connection, hugs, and precious opportunities to create memories.

*Human Development and Relationship Educator*

*Mandi Dunspeck*

### Note from Amy

Hello! This past year has been a time of great transition, both in regards to navigating work during the pandemic and also personally in regards to adding to our family. I'm glad to be able to say that our family is doing well, and both our toddler and not-so-newborn baby are such joys!

I returned from maternity leave March 29<sup>th</sup> and have been working full-time hours, alternating between remote and in-office work. Throughout the month of June, our office staff will transition away from remote work with the expectation of returning to the office by July 6<sup>th</sup>. If you need to contact me, reach out via email at [ahendrickson@co.winnebago.wi.us](mailto:ahendrickson@co.winnebago.wi.us) or call (920) 232-1973. Due to the nature of my work providing customer service, program support, and office operational support, I may not always be able to answer my phone. To best serve you, please leave a voicemail or send an email so that I may respond as soon as I am able.

The Extension Winnebago County office continues to adapt to guidelines set forth from various agencies regarding how to respond to the COVID-19 outbreak, with many updates announced in this newsletter. With guidelines and mandates being updated frequently, please bear in mind that availability/accessibility of our county Administrative Associates and our state Extension Educators and will reflect these updates.

## JPCC Building & Meeting Rooms During COVID-19

The J.P. Coughlin Center has reopened to the public (Winnebago County departments and the USDA/FSA office are open to the public; the DNR office remains closed to the public until further notice). Offices may be operating with limited in-office staff. To best serve you, customers are encouraged to call ahead to schedule an appointment.

Meeting rooms at the J.P. Coughlin Center are in the process of reopening to the public. We anticipate beginning to accept meeting room reservation requests from non-county department users sometime in July.

To prepare for this reopening, we are updating meeting room policies and procedures to better serve our meeting room users while improving our management of meeting room reservations. All meeting room reservations must be made through the Extension Winnebago County office **online through our new reservation form** or by calling (920) 232-1970. Visit our website for more information and to access the link to submit your reservation requests:

<https://winnebago.extension.wisc.edu/meeting-rooms/>

If you have any questions or concerns, please do not hesitate to contact us at (920) 232-1970.



## Winnebago County COVID-19 Recommendations

Updated 5/18/2021

[https://www.co.winnebago.wi.us/sites/default/files/uploaded-files/winnebago\\_county\\_recommendations\\_updated\\_5.18.21\\_1.pdf](https://www.co.winnebago.wi.us/sites/default/files/uploaded-files/winnebago_county_recommendations_updated_5.18.21_1.pdf)

The Winnebago County Health Department (WCHD) issues the following recommendations to serve as guidelines to control the transmission of COVID-19 throughout our communities.

Guidance varies dependent on your vaccination status based on the most recent CDC guidance ([www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html](http://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html)). A person is considered fully vaccinated against COVID-19 if it has been two or more weeks since they got the second dose in a two-dose series (such as Pfizer or Moderna) or one dose of a single-dose vaccine (such as Johnson & Johnson).

Vaccination is the primary way to prevent spread of COVID-19. All the available vaccines are very safe ([www.dhs.wisconsin.gov/covid-19/vaccine-safety.htm](http://www.dhs.wisconsin.gov/covid-19/vaccine-safety.htm)) and highly effective at preventing hospitalization and death from COVID-19. Getting vaccinated is the best way to protect yourself and your family from the risks of COVID-19. Vaccines are widely available ([www.wcvaccine.org/](http://www.wcvaccine.org/)) throughout Winnebago County. If you are eligible ([www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html](http://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html)), get vaccinated. Employers and organizations are highly encouraged to promote and incentivize vaccination. For assistance in setting up an on-site vaccination clinic, contact the health department at 920-232-3026 or [health@co.winnebago.wi.us](mailto:health@co.winnebago.wi.us).

**WCHD recommends following the most recent CDC guidance.** The following recommendations apply to non-healthcare settings.

### **Fully vaccinated people can:**

- Resume activities without wearing masks or physically distancing, except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance.
- Resume domestic travel and refrain from testing before or after travel or self-quarantine after travel.
- Refrain from testing before leaving the United States for international travel (unless required by the destination) and refrain from self-quarantine after arriving back in the United States.
- Refrain from testing following a known exposure, if asymptomatic, with some exceptions for specific settings.

- Refrain from quarantine following a known exposure if asymptomatic.
- Refrain from routine screening testing if feasible.

For now, **fully vaccinated people** should continue to:

- Get tested if experiencing COVID-19 symptoms ([www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html](http://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html)).
- Follow CDC ([www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html](http://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html)) travel requirements and recommendations.

There are **important exemptions** from the new guidelines that include:

- Healthcare settings
- K-12 schools
- Places where masks are required by federal, state, local, tribal, or territorial laws, rules, or regulations, including businesses and workplaces
- Residents and employees of correctional and detention facilities and homeless shelters
- Travelers on all planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations

**For unvaccinated people**, masking, distancing, and avoiding crowded indoor environments are the most effective ways to prevent spread and protect yourself. To help you determine the risk level and choose safer activities, use this **CDC chart** ([www.cdc.gov/coronavirus/2019-ncov/vaccines/pdfs/choosingSaferAct.pdf](http://www.cdc.gov/coronavirus/2019-ncov/vaccines/pdfs/choosingSaferAct.pdf)).

**Businesses and organizations** are encouraged to adopt policies that align with the updated CDC guidance ([www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html](http://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html)) and are tailored to their specific situation. Public health supports decisions of businesses and organizations that continue to require masking for the protection of their employees and the public.

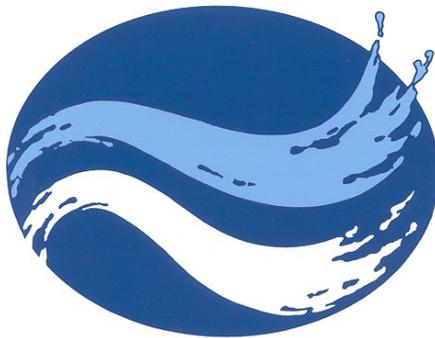
Resources:

- CDC Choosing Safer Activities ([www.cdc.gov/coronavirus/2019-ncov/vaccines/pdfs/choosingSaferAct.pdf](http://www.cdc.gov/coronavirus/2019-ncov/vaccines/pdfs/choosingSaferAct.pdf))
- Equal Employment Opportunity Commission Guidance What You Should Know About COVID-19 and the ADA, the Rehabilitation Act, and Other EEO Laws ([www.eeoc.gov/wysk/whatyou-should-know-about-covid-19-and-ada-rehabilitation-act-and-other-eeo-laws](http://www.eeoc.gov/wysk/whatyou-should-know-about-covid-19-and-ada-rehabilitation-act-and-other-eeo-laws))

- OSHA Guidance by Industry ([www.osha.gov/coronavirus/guidance/industry](http://www.osha.gov/coronavirus/guidance/industry))
- Wisconsin Economic Development Corporation Vaccine Guidance for All Businesses ([wedc.org/wp-content/uploads/2021/03/WEDC\\_DHS\\_COVID-19-Vaccine-Guidelines2.pdf](http://wedc.org/wp-content/uploads/2021/03/WEDC_DHS_COVID-19-Vaccine-Guidelines2.pdf))
- DHS Staying Safe in Your Community ([www.dhs.wisconsin.gov/covid19/community.htm](http://www.dhs.wisconsin.gov/covid19/community.htm))
- For related information for healthcare settings, visit Updated Healthcare Infection Prevention and Control Recommendations in Response to COVID-19 Vaccination ([www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-after-vaccination.html](http://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-after-vaccination.html)).

Please see the Winnebago County Health Department website ([www.co.winnebago.wi.us/health](http://www.co.winnebago.wi.us/health)) for the most up-to-date guidance and resources.

Thank you for your commitment to keeping our communities safe. Everyone can play a role in encouraging and helping others to get vaccinated - talking to your family, friends, and neighbors can make a difference in vaccine acceptance ([www.npr.org/2021/01/11/955691117/talking-with-people-in-your-life-hesitant-about-the-coronavirus-vaccine](http://www.npr.org/2021/01/11/955691117/talking-with-people-in-your-life-hesitant-about-the-coronavirus-vaccine)). Your efforts to limit the spread of COVID-19 are greatly appreciated by those who live, work, and play in Winnebago County.



# Winnebago County

*The Wave of the Future*

## **UW-Madison Division of Extension Response to COVID-19**

*Summarized from May 2021 Extension Communications to Staff*

<https://uwprod.sharepoint.com/sites/EXT-covid-19/SitePages/Messaging-and-Communications.aspx>

<https://fyi.extension.wisc.edu/covid19/2020/04/01/extension-event-guidelines/>

<https://news.wisc.edu/covid-19-policy-changes-events-face-coverings-outdoor-physical-distancing/>

Thank you for your interest in our upcoming Extension events. We are excited to have you join us, and to get you ready we're providing some details and information about our COVID-19 protocols and what to expect.

The Division of Extension is continuing a course we set early in the pandemic. Prior to the start of the state mask mandate, we followed the lead of UW System and UW-Madison in requiring safety procedures, including facial coverings, distancing, and participant limits. While the Governor's emergency order has been invalidated, COVID-19 is still a risk and Wisconsinites are still contracting the virus every day. We feel it's important to ensure a safe and healthy environment for our participants.

The UW-Madison Division of Extension along with University System Campuses have the independent statutory authority to determine the appropriate health and safety measures for University-sponsored events and activities. Under that legal authority, we require participants to follow our protocols for health and safety.

The evidence is clear that facial coverings and distancing are the key ways along with vaccines to stop the spread of COVID-19. That's why our programs require facial covering use for those who are not yet vaccinated against COVID-19. Additionally, please stay at home if you feel ill, show signs of COVID-19, or have been in contact with someone diagnosed with COVID-19.

### **UPDATES EFFECTIVE JUNE 2<sup>ND</sup>**

#### **Masks and distancing**

We require the use of masks indoors.

We also require masks outside when distancing is not possible.



**Extension**

UNIVERSITY OF WISCONSIN-MADISON

#### **Self-quarantine**

Best practice for events of people not in the same household is for those not yet vaccinated to quarantine up to 10 days prior to an event. Please consider if this is feasible for your household.

#### **More information**

We have more information on our website (<https://fyi.extension.wisc.edu/covid19/2020/04/01/extension-event-guidelines/>) and will update that space as our event guidance evolves.

**DO YOUR PART.  
PROTECT AGAINST COVID-19.**



**WALK-IN  
WEDNESDAY**

**VACCINE CLINIC**

**SUNNYVIEW EXPO CENTER  
500 E CTY RD Y, OSHKOSH**

**1:00 PM - 6:00 PM**

**EVERY WEDNESDAY  
IN MAY & JUNE**

**FREE COVID-19 VACCINE.  
NO APPOINTMENT, IDENTIFICATION  
OR INSURANCE REQUIRED.**

Visit [www.wcvaccine.org](http://www.wcvaccine.org) for information on the type of vaccine administered, any age restrictions and additional vaccine locations in the area. For free transportation, call 'Make the Ride Happen' at 920-225-1719.

**WWW.WCVACCINE.ORG  
COVID-19 HOTLINE: 920-232-3026**



**Public Health**  
Prevent. Promote. Protect.

**Winnebago County  
Health Department**

## **Virtual Town Hall for Youth and Families: COVID-19 Vaccines for Kids Ages 12 and Older**

*Originally published 6/9/2021 by University of Wisconsin-Madison Division of Extension*



# *Get back to more of what you've been missing*

Anyone 12 years of age or older can now get a COVID-19 vaccine. COVID-19 vaccines are a safe and effective tool to prevent illness from the COVID-19 virus. Getting vaccinated against COVID-19 helps protect our family, friends, and communities from getting sick.

**Join us for a virtual town hall to get answers to your questions about the COVID-19 vaccines for you and your family:**

**June 17, 2021**

**7:00–8:00 p.m.**

**Register to attend at <https://go.wisc.edu/r5h6n2>**

- You can submit your questions for our experts when you register. You will receive a link to join the Zoom webinar after you register.
- Spanish language interpretation will be provided during the event.

Our speakers:

**Dr. James Conway, M.D., FAAP**

*Pediatric Infectious Disease Specialist*

*UW–Madison School of Medicine and Public Health*

**Dr. Jasmine Zapata, M.D.**

*Chief Medical Officer and State Epidemiologist for Community Health*

*Wisconsin Department of Health Services*

**Moderated by Amber Canto, MPH, RDN**

*Director*

*UW–Madison Extension Institute for Health & Well-Being*

Find a COVID-19 vaccine near you:

- Search [vaccines.gov](https://www.vaccines.gov)
- Text your ZIP code to 438829
- Call 1-800-232-0233

### Memorial Leadership Scholarship - 2021

Wisconsin Association for Home and Community Education, Inc.

A \$200.00 Scholarship to attend a Leadership Opportunity

(Printable form is available at <https://wahceinc.org/wahce-scholarships/>)



**A memorial from the Betty Hilbert estate and monies from the WAHCE Legacy Fund are being used to fund this scholarship.**

**Purpose:** To encourage members of WAHCE to seek leadership training, so they may become capable, willing and enthusiastic leaders in the organization and their communities.

**Eligibility:** This scholarship is available to WAHCE members only, for registration to leadership training, i.e., WAHCE State Conference. Members of the WAHCE State Board are not eligible.

**Requirements:** (1) Complete the personal data and questions on this application form. (2) Attach a copy of the completed registration form for the workshop/conference you will be attending. This application should be no longer than two pages. (3) After attending, recipients are to submit a report to WAHCE on their experience.

**Payment for Scholarship:** Payment of scholarship will be made after proof of attendance at workshop or WAHCE State Conference registration has been submitted to the Scholarship Chair, Joan Staffon, 715-333-7732, Cell 715-937-4436, N9537 County Hwy E, Merrillan, WI 54754, Email: [joanstaff@centurytel.net](mailto:joanstaff@centurytel.net)

**Deadline: Application must be postmarked by June 30, 2020.**

Name: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Number of Years as a WAHCE Member: \_\_\_\_\_

Your County: \_\_\_\_\_

Your District: \_\_\_\_\_

Club/Individual: \_\_\_\_\_

Answer the following questions. If you need more space, add only one more sheet to continue your answers, and number for each answer on that sheet.

1. What offices, if any, have you held in WAHCE?

A. County \_\_\_\_\_

B. District \_\_\_\_\_

2. How might you use some of what you would learn to benefit WAHCE?

3. How do you plan to use your leader training in your community?

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

## 2021 HCE Central District Meeting

*Summarized from the April 2021 Waupaca County HCE Newsletter*

[https://waupaca.extension.wisc.edu/files/2021/04/MayJun21-HCE-ACCENT.pub\\_.pdf](https://waupaca.extension.wisc.edu/files/2021/04/MayJun21-HCE-ACCENT.pub_.pdf)

Theme: **“Teamwork Makes HCE Work”**  
Date: Wednesday, June 16, 2021  
Time: 9:15 a.m. Registration—2:30 p.m. Dismissal  
Location: Holiday Inn Stevens Point  
1001 Amber Ave. Stevens Point, WI 54482

Waupaca County is hosting the yearly Central District Meeting. The meeting will be at the Holiday Inn in Stevens Point. This is also where the state conference will be held in September.

Since Central District has not met face-to-face for over a year, we will have a fairly healthy agenda. The agenda for the meeting includes:

- Updates and reports from the officers and committee chairs
- Finalizing plans and duties for the state conference
- Touring the facility
- Electing new district officers

The Central District will have a drawing for one member to receive a scholarship to attend the WAHCE Conference in September. You must be in attendance at the Central District Meeting to win the scholarship drawing. There is one scholarship winner for each district. County Presidents already receive free conference registration.



## 2021 WAHCE Conference

Originally published <https://wahceinc.org/2019-wahce-conference/>

The stars are aligning to safely gather this fall to celebrate, spread good cheer, and create together. Central District and WAHCE will be hosting the 2021 State Conference:

**September 20—22, 2021**  
**Holiday Inn**  
**1001 Amber Avenue**  
**Stevens Point, WI 54481**



Talk to each other and make a stellar plan to join in the fun. We will shine a light on our HCE achievements. Get ready to twinkle with your cultural arts entries. We have an all-star line-up of speakers, workshops, and county activity displays. Blast off the event with one of our tours or on-site, hands-on projects.

**Hotel Highlights:** The Holiday Inn Hotel and Conference Center will be our star base. Please make room reservations for yourselves. There are rooms reserved for Sunday night, September 19<sup>th</sup>, if you plan to arrive that day, plus Monday and Tuesday, September 20<sup>th</sup> and 21<sup>st</sup>. Our Conference Room Rate is \$99.00 for a Standard Room (2 queen beds or 1 King bed plus pullout sleeper sofa). Deadline for room reservations at our conference rate is August 20, 2021. After that the hotel will not be able to guarantee rooms or WAHCE pricing. You may call or book your reservation online 24/7 using the link on the WAHCE webpage.

Local: 715-344-0200, press #3 or online reservation

Room Block: WI ASSN FOR HOME AND COMMUNITY EDUCATION  
 Group Code: **WHC**

2021 WAHCE Conference Planning:

- Betty Kastenschmidt , Chair, [bettykas@yahoo.com](mailto:bettykas@yahoo.com)
- Marilyn Herman, Co-Chair, [mjherman661@gmail.com](mailto:mjherman661@gmail.com)

**The following information can be found on the WAHCE website at**  
<https://wahceinc.org/2019-wahce-conference/>

- **Conference Information**
- **Registration Form**
- **Tours**
- **Workshop Descriptions**
- **Meal Plan**

**HCE Executive Board Meeting: January 11, 2021**

*Submitted by: Sue Soule*

Meeting was called to order by President Sue Berg at 1:00pm followed by Pledge of Allegiance, Homemakers Creed and roll call. Six members were present including 4 officers.

Secretary report – there were corrections made in Sunnyview. A motion was made and seconded to accept corrections to standing rule 14 that was presented at October 12,2020 meeting. Motion passed. Mandy said the Secretary is responsible to write up the Standing Rules.

Treasurer's report – Joan will be giving three \$500.00 Scholarships for 2021. Joan said she has received pennies from 3 clubs. She went over all accounts and found \$10.00 left over and suggested it go to Scholarship. Motion made by Kathy and seconded by Sue to give to scholarship. Motion carried.

**CULTURAL ARTS:** Kathy had no report.

**STITCHES OF LOVE:** Lynn was absent. She reported that they made 400 hats last year and are now making masks.

**SCHOLARSHIP:** Vernita asked that info on Scholarship be removed of 5 contradictions. Venita made a motion to remove page 22 and was seconded by Joan. Motion was carried. All applications for must be post marked by April 1<sup>st</sup> of each year.

**INTERNATIONAL:** Darr was absent.

**ADVISOR:** Mandi shared that the building is not open. Moving forward in 2021 she asked for suggestions for her education online topics. Presidents of clubs need to go to clubs and get some ideas. Donna advised to use Zoom.

**NEW BUSINESS:**

President Sue Berg went over upcoming events.

Spring Rally was discussed and August 9<sup>th</sup> was selected as a date and Bernice would check on availability having it at a park. Joan and Bernice will do the planning.

Planning committee for the Oct. Annual Meeting would be decided at the April meeting. State Conference is September 19 – 22. Bernice has organized the tours. More people are needed to help. Scholarship fund raiser will be discussed at the next meeting

Meeting was adjourned at 2:25pm followed by the Homemakers Prayer.

Respectfully submitted by Secretary Sue Soule

**Corrections to January 2021 HCE Executive Board Meeting Minutes**

*Submitted by: Sue Soule & Vernita Green*

The Scholarship Team brought in several suggestions for deliberation.

- 1) The word “youth” be removed from the title of the Scholarship Committee on the internet page of HCE. It is inconsistent with other places and misrepresents what is done.
- 2) Make changes in Standing Rule #14
  - a. To eliminate being a student in the state of Wisconsin as a prerequisite for scholarship application
  - b. Inclusion of offering the scholarship forms on the website (already done but not in the standing rule #14)
  - c. Clarify HCE family
  - d. Change the Essay question to more clearly ask the question about future plans
  - e. Make the scholarship only for high school seniors (at one time, evidently, HCE members could apply, however no record of that ever happening)
- 3) Other changes within the framework of the committee
  - a. Suggest that presentation of the scholarship award be scheduled/included in the scholarship assembly at the awardee’s high school as well as at Spring Banquet for HCE
  - b. Suggest more effort be made to get knowledge of the scholarship into the hands of the counselors at the high schools in Winnebago County
  - c. Dispose of old materials that have been passed down to the Scholarship Committee.

In 2019/2020 a thorough going through of the material was made. The Extension office said they were not interested in keeping any of the files at their office. A master copy of all scholarship winners, single copies of Chair reports, past formal papers were kept in a single binder (much more manageable for the Committee). A master list of scholarship winners was given to the Extension office for their records, if they desired them.

After good discussion, motions are made for all of the above items, seconded and accepted by the Board. As a result, Bernice took the extra papers to be shredded, Vernita typed up the new Standing Rule #14 and the resulting changes that were necessary in the Scholarship Application form, and Amy (at the office) is going to be sure that all is either added or subtracted on the website.

**HCE Executive Board Meeting: April 12, 2021**

*Submitted by: Sue Soule*

The meeting was called to order by President Sue Berg at 1:00pm followed by Pledge of Allegiance, Homemakers Creed, and roll call.

Secretary reported that there were corrections in Scholarship in last minutes. Corrections are attached.

Treasures report: Joan reported CD's would stay the same. Changing would result in less interest. Joan went over the other accounts. Sue made a motion to accept as read and Bernice seconded. Motion carried.

Cultural Arts – Kathy had to report. She did remind everyone that Cultural Arts for State conference is due July 15 to Kathy.

Picnic on August 9<sup>th</sup> will be at Clayton park

Stitches of Love – Lynn was absent. Her group is still busy sewing.

Scholarship – Vernita asked to have the Scholarship on the Website removed because of wrong info.

Applicants do not have to attend a Wisconsin school. Vernita would like to make sure that HCE is represented as Scholarship givers in all Winnebago High Schools and making sure that applications are available at all Winnebago County High Schools. Vernita made a motion to accept and Sue seconded. Motion carried.

The Annual Meeting is October 11<sup>th</sup>. President Sue Berg will reserve the room.

Meeting was adjourned at 2:20pm followed by Homemakers Prayer.

Respectfully submitted by Secretary Sue Soule

**New Standing Rule #14 - April 12, 2021**

*Winnebago County Association of Home and Community Education (HCE) Scholarship*

The Winnebago County Association of Home and Community Education will give a yearly one time \$750 Scholarship (2 maximum) to family members of Winnebago County HCE members that are graduating high school seniors and going on for higher education. The area of interest and school of choice are not restricted. Any exception would need to be approved by the Executive Team, Club Presidents, and Committee chairs.

The Scholarship Committee consists of three members. Each member serves four years, with a new member added each third year. The Chair will be chosen by the Committee. Each year the scholarship application form will be put in the first and second issues of the Sunnyviews newsletter, online at Winnebago County Extension, and will also be available for pick up at the Extension Office in Oshkosh. Requirements and deadlines will be on the application.

Applications must be postmarked no later than April 1. Once the applications have been received, the Chair will send each Scholarship Committee member a copy of each applicant's materials, being sure they arrive a minimum of three (3) days before the scheduled meeting. Following their decision, the Scholarship Committee will notify all applicants by letter around April 15. The winner's letter will include the information needed to receive the funds as they begin their second year of higher education. The HCE Treasurer will send the scholarship money to the awardee's college of choice following notification of full-time successful completion of the freshmen year and registration for a second year. If the recipient does not complete the requirements, the alternate, if one was chosen, will be given the scholarship.

*(see next page for scoring instructions)*

The scholarship committee meeting is called by the chairperson to review all applications using the following point system:

1. Application Form 10% — maximum 10 points  
Timely, complete, neat
2. 150-200 word Essay on “Reasons why I chose my anticipated area of study” 10% — maximum 10 points  
On target of question and quality of writing
3. Academic Record 20% — maximum 20 points  
4.0—3.6 = 20  
3.5—3.0 = 15  
Below 3.0 = 10
4. Two letters of Reference 10% — maximum 10 points  
References must include one from the high school. No family members can be used.  
Note words used to describe the applicant (1 point per character trait). Do not count duplicate or similar words.
5. Volunteer/Community Service and statement of reason for participation 20% — maximum 20 points  
Variety  
Consistency  
Length of time served (short term—multiply by 2) (long term—multiply by 3)
6. Organizations in and outside of school including paid work.  
20% — maximum 20 points 1 point for each organization plus 1 point for each leadership role per organization. Multiply the number by 2.
7. Overall appearance and cumulative feeling 10% — maximum 10 points.  
Give points for something not identified in other areas. If any number is higher than the set point for any previous category, more credit could be counted in this category.

High school applicants must begin their full-time higher education studies in the summer/fall following the awarding of the scholarship. The Scholarship of \$750.00 will be awarded at the beginning of the recipient’s second year of full-time study.

## Wisconsin Association for Home & Community Education, Inc. Cultural Arts Show & Contest – 2021 Categories



1. **Painting/Drawing Framed or Wrapped.**  
Easels must have securely taped label with name, county, and district.
  - A. Oil
  - B. Acrylic
  - C. Watercolor
  - D. Alcohol Ink
  - E. Other
2. **Photography**  
Photograph must be 8" x 10", unmounted only, in 8½" x 11" plastic. Framed photographs be disqualified.
  - A. Color-Landscape
  - B. Color-Waterscape
  - C. Color - Plants
  - D. Color - Animals/Creatures
  - E. Color - People
  - F. Color - Skyscape
  - G. Black & white/sepia
  - H. Other
3. **Sewing**
  - A. Children's Wear
6. **Hand Stitching**
  - A. Plastic Canvas
  - B. Embroidery
  - C. Cross Stitch
  - D. Other
7. **Craft**  
Six (6) Cards without envelopes **MUST** be mounted as a group on a flat sturdy display board no larger than 14" x 22".
  - A. Cards—paper only-6
  - B. Cards—mixed media-6
  - C. Scrapbooking
  - D. Craft made from recycled materials
  - E. Handcrafted doll/toy
  - F. Glass craft
  - G. Other
8. **Heritage Skill**
  - A. Hardanger
  - B. Tatting
  - C. Woodworking
  - D. Basketry
  - E. Spinning/Weaving
10. **Lap/Baby Quilt**  
Smaller than 60" x 80" or 4,800 sq. inches
  - A. Tied
  - B. Hand-quilted
- Machine Quilted By You**
  - C. Pieced
  - D. Appliquéd
  - E. Embroidered
- Machine Quilted Professionally**
  - F. Pieced
  - G. Appliquéd
  - H. Embroidered
  - I. Any other lap quilt
11. **Quilted Wall Hanging**  
(with hanging sleeve, NO frame) – One (1) item only; no longer than 50 inches
  - A. Hand Quilted, fabric
  - B. Machine Quilted, fabric
  - C. Other i.e., collage of assembled materials or mixed media
16. **Poem**
17. **Non-Fiction**  
Original, 1 topic; 250-500 words
18. **Fiction**  
Original with beginning, middle and end, 3,000 words or less
19. **Poem**
20. **Non-Fiction**  
Two copies typed on plain paper with 12 point font, must accompany the registration forms. Entries must not be framed or in book form. Staple a cover sheet with the category/title which is to be centered on the entry. Name and county should appear on the back side. Do not count "a", "an", and "the" for either essays or short stories.

- B. Adult Wear**  
**C. Original Design**  
**D. Wearable Art**  
**E. Useful Item**  
**F. Purse or Tote**  
**G. Pillow**  
**H. Item made from recycled materials**  
**I. Wearable Accessory (apron, scarf, hat, etc.)**  
**J. Other**
- 9. Bed Quilt**  
*Larger than 60" x 80" or 4,800 sq inches*  
**A. Tied**  
**B. Hand quilted**  
**C. Pieced**  
**D. Appliqued**  
**E. Embroidered**  
*Machine Quilted Professionally:*  
**F. Pieced**  
**G. Appliqued**  
**H. Embroidered**  
**I. Any other Bed Quilt**
- 4. Knitting**  
**A. Wearable Item**  
**B. Accessory (i.e., hat, scarf, mittens)**  
**C. Afghan**  
**D. Other**
- 5. Crocheting**  
**A. Wearable Item**  
**B. Accessory (i.e., hat, scarf, mittens)**  
**B. Dolly/Dresser Scarf**  
**C. Afghan**  
**D. Other**
- 12. Quilted Table Topper/Runner**  
**A. Hand Quilted**  
**B. Machine Quilted**  
**C. Other**
- 13. Jewelry**  
**A. Bracelet**  
**B. Necklace**  
**C. Set**  
**D. Other**
- 14. Constructed Original Item**  
**A. Clay/Pottery**  
**B. Wood**  
**C. Fabric/Felt**  
**D. Other**
- 15. Painted Object**  
**A. China**  
**B. Glass**  
**C. Fabric**  
**D. Wood**  
**E. Ceramic/Kiln Fired**  
**F. Other**
- 19. Original Published Book**  
*One copy must accompany entry.*
- 20. Bonus Category – "Reach for the STARS with HCE", the Fun Category. Limit of one entry per county. Use your imagination. You may use any media to construct your entry.**  
*Size restriction - base no larger than 10"x10" with maximum height of 20". Judging - those attending will vote for their favorite "Reach for the STARS with HCE" entry. Have fun!*

**STATE  
REGISTRATIONS  
DUE BY:  
AUGUST 1, 2021**

### Cultural Arts Update

*Submitted by: Kathy Wuest, Culural Arts Chair*

Because of COVID-19 the state has said they will accept cultural arts items from both 2020 and 2021. I plan on attending the state conference in Sept., so if you are interested in sending an item to state please let me know. Contact info is in Reach & Teach.



### Our Condolences

*Our condolences on the passing of*



**Loretta Hoversten**  
(February 2021)  
Westhaven Circle Club  
HCE Member  
2018—2021



**Ruma Roy**  
(March 2021)  
Westhaven Circle Club  
HCE Member  
1978—2021



**Jane Beck**  
(April 2021)  
Lamplighters Club  
& Individual Member  
HCE Member  
1952—2018

**Vida Schmidt**  
(March 2021)  
Gillingham Club  
HCE Member  
1967—2021

With Heartfelt  
*Sympathy*

may your memories  
exceed  
your sorrow

Join us for...



## PRACTICING THE PAUSE

A self-care community of practice

A weekly opportunity to practice stress reduction and resiliency skills in a supportive environment

Every Thursday  
8:30-9:00 AM  
on Zoom

Practices may include:  
Deep breathing  
Guided Imagery  
Gentle Stretching  
& More...

For more information and to register, go to <https://dunn.extension.wisc.edu/family-community/practicing-the-pause/>. You'll be sent a Zoom link along with resources after registering.

For questions, contact:  
Selena Freimark  
Health & Well-Being Educator, Extension St. Croix County  
[selena.freimark@wisc.edu](mailto:selena.freimark@wisc.edu) or 715-531-1947.



## **Ageing Mastery Program® Workshop – Join the Adventure!**

*Brought to you by the Aging & Disability Resource Center of Adams, Green Lake, & Waushara Counties, Inclusa, UW Extension Green Lake, & Winnebago County Health Department.*



Build your own personal playbook for aging well. This fun, innovative program empowers you to take key steps to improve your well-being, add stability to your life, and strengthen ties to your community. Join us, as we meet new friends and encourage each other as we take the Aging Mastery journey together!

### **Topics Presented by Local Expert Speakers:**

- Navigating Longer Lives
- Caregiver Perspectives; Assessing Needs
- Exercise and You
- Sleep
- Healthy Eating and Hydration
- Financial Fitness
- Medication Management
- Caregiver Playbook: Planning, Connecting, and Doing
- Advance Planning
- Healthy Relationships
- Falls Prevention
- Community Engagement

**Where:** Zoom Video Platform – Training Available

**When:** Wednesdays, 9 am – 12 pm, June 30 – August 4 (6-Week Workshop)

**Cost:** FREE (\$290 VALUE)

**Limited spots available: Sign up now!**

**Registration Deadline:** Wednesday, June 23, 2021

**Register Electronically Here:**

[https://forms.office.com/pages/responsepage.aspx?id=H8WIV6NUuEeBqUn74m9IzNBwbUCGEPpHri2uviyh\\_g1UMzBXQkJOMIFBTfPFRksZQ1FWRIkzWDY4NC4u](https://forms.office.com/pages/responsepage.aspx?id=H8WIV6NUuEeBqUn74m9IzNBwbUCGEPpHri2uviyh_g1UMzBXQkJOMIFBTfPFRksZQ1FWRIkzWDY4NC4u)

or RSVP: Kari Enders (877-622-6700) or [Kari.Enders@Inclusa.org](mailto:Kari.Enders@Inclusa.org)

# Memory Care Respite Partners

Respite for you and care for your loved one



This program is available  
the 1st and 2nd Monday of each month,  
1:30 pm to 3:30 pm  
at St. Paul Lutheran Church,  
200 N. Commercial Street, Neenah

While you're away, we will provide:

- Organized arts, crafts and music.
- Staffing by professional caregivers and volunteers.
- Snacks and refreshments.
- This is a free community program!

*Giving you four hours of personal time each month!*

**RSVP to register for a spot today**

Call 920-383-1180 or e-mail: [memorycarerespitepartners@gmail.com](mailto:memorycarerespitepartners@gmail.com)

**Collaborating Partners:**

Neenah/Menasha YMCA & Senior Center, Winnebago County ADRC,  
St. Paul Lutheran Church, Valley VNA Senior Care

## **Emergency Broadband Benefit: Helping Households Connect During the Pandemic**

Originally published: <https://www.fcc.gov/broadbandbenefit>



Extension Winnebago County is working to help build consumer awareness about the **Emergency Broadband Benefit**, a new Federal Communications Commission (FCC) program. The temporary benefit will help to lower the cost of broadband service for eligible households during the on-going COVID-19 pandemic.

The \$3.2B Emergency Broadband Benefit program **provides a discount of up to a \$50 per month toward broadband service for eligible households and up to \$75 per month for qualifying households on qualifying Tribal lands.** The benefit also **provides up to a \$100 per household discount toward a one-time purchase of a computer, laptop, or tablet** if the household contributes more than \$10 and less than \$50 toward the purchase through a participating broadband provider.

**A household is eligible if one member of the household meets at least one of the criteria below:**

- Has an income that is at or below 135% of the [Federal Poverty Guidelines](#) or participates in certain assistance programs, such as SNAP, Medicaid, or the FCC's [Lifeline](#) program;
- Approved to receive benefits under the free and reduced-price school lunch program or the school breakfast program, including through the USDA Community Eligibility Provision, in the 2019-2020 or 2020-2021 school year;
- Received a Federal Pell Grant during the current award year;
- Experienced a substantial loss of income through job loss or furlough since February 29, 2020 and the household had a total income in 2020 at or below \$99,000 for single filers and \$198,000 for joint filers; or
- Meets the eligibility criteria for a participating provider's existing low-income or COVID-19 program.

**Emergency Broadband Benefit enrollment will begin (open) on May 12, 2021.** Eligible households can enroll through a [participating broadband provider](#) or directly with the [Universal Service Administrative Company \(USAC\)](#) using an online or mail-in application. Additional information about the Emergency Broadband Benefit is available at [www.fcc.gov/broadbandbenefit](http://www.fcc.gov/broadbandbenefit), or by calling 833-511-0311 between 9 a.m. and 9 p.m. any day of the week.

Rent Smart Fall Schedule

# Rent Smart

**Taught by Extension Educators***Helping to make renting a great experience for you!***Upcoming Class Dates & Times:**

<b>May:</b> 11, 13, 18, 20, 25, & 27	7:00—8:00 PM
<b>August:</b> 11, 13, 18, 20, 25, & 27	9:00—10:00 AM
<b>September:</b> 7, 9, 14, 16, 21, & 23	7:00—8:00 PM
<b>October:</b> 4, 7, 11, 14, 18, & 21	1:00—2:00 PM
<b>November:</b> 15, 17, 22, 24, 29, & Dec 1	11:00 AM—12:00 PM

**Location:** Live instruction via Zoom; link sent after registering**To register complete this online form:**<https://go.wisc.edu/Rentsmartregister>**Cost:** FREE!**What you will learn:**

- Planning for and meeting monthly expenses
- Tips for finding and maintaining affordable housing
- How to complete an application and why landlords screen applicants
- Strategies for building positive relationships with landlords and neighbors
- Responsibilities and rights of landlords and tenants

Participants must complete all 6 modules to earn the Rent Smart Certificate.

For more information, please contact [rentsmartwi@office365.wisc.edu](mailto:rentsmartwi@office365.wisc.edu) or call 262-741-4951.

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Title VI, Title IX, and ADA requirements.*

## **Check Your Free Credit Report to Build Financial Security**

*Originally published May 31, 2017*

<https://fyi.extension.wisc.edu/news/2017/05/31/check-your-free-credit-report-to-build-financial-security/>

Federal law gives everyone the right to request three free credit reports each year—one each from the three credit bureaus: Equifax, Experian, and TransUnion. There are three ways to order your free credit report: through the mail, by phone toll-free, or at the official website [AnnualCreditReport.com](http://AnnualCreditReport.com).

Extension's "[Check Your Free Credit Report: 2/2, 6/6, 10/10](https://fyi.extension.wisc.edu/creditreport/)" campaign seeks to make the process of remembering to order a free credit report as easy as possible. Anyone can sign up to receive an email reminder from UW-Extension three times a year—on 2/2, 6/6, and 10/10—on the campaign's website: <https://fyi.extension.wisc.edu/creditreport/>. While you can order all three reports at the same time, the Extension Winnebago County office recommends that you view one report every four months so you can be sure that the information is up-to-date and accurate year round.

"There are loads of reasons why we may not keep up with monitoring our own credit," says Peggy Olive, Extension Financial Capability Specialist at UW-Madison. "Life is busy enough with everyday responsibilities. Our credit report reminder campaign seeks to make managing your credit history easier."

Some people may be thinking about their credit report and credit history but are hesitant to order their free report because they are afraid of what they might find. A credit report contains information about your credit payments and public financial records, such as a bankruptcy or judgment. Negative information can stay on a credit report for 7-10 years, and sometimes longer.

Not all negative information is treated the same, with more serious events pulling down a credit score. A 30-day late payment on a credit card will lower your credit score, for example, but not as much as a 60- or 90-day late payment. An unpaid judgment will lower a credit score much more than a paid judgment. On the plus side, as the negative event gets older, it will lower your score less and less over the years.

### **Steps to Rebuild Credit History**

Even if you have past negative events on your credit report, there are steps a person can take to begin rebuilding their credit history from today forward. These steps could include:

1. Review your credit report to make sure the information reported is accurate and timely to begin with. Take steps to correct errors or have outdated information removed from your report. For tips on correcting errors, go to <https://fyi.extension.wisc.edu/creditreport/>.
2. Pay all bills on time, making sure the creditor receives payment by the due date. Even if your creditor doesn't regularly report on-time payments to the

three credit bureaus, some creditors make a point of reporting only late payments to the bureaus. Set up automatic payments through your financial institution if that helps you keep up, but only if you know you'll have the money in your account.

3. If you have store or bank credit cards, don't use more than 25-30 percent of your total credit limit. If you have a \$1000 credit limit on a credit card, for example, never carry a balance more than \$300 in charges.
4. Pay more than the minimum due on credit cards, even if it's \$20 or so more than the minimum. Just paying the minimum due can send a message to creditors that money is tight and that you may have trouble keeping up with credit payments. Just over half of all credit card holders pay off their balance in full every month, which helps to avoid finance charges in addition to boosting credit worthiness.

"Some people with troubled credit histories may have trouble even getting their foot in the door in order to rebuild credit," Olive explains. "There are a few approaches to consider if you're having trouble getting access to credit."

Many banks and credit unions offer secured credit cards. These cards require the cardholder to keep a deposit in their account that equals the same amount of the secured credit card's credit limit, such as \$300. Fees and interest rates are typically higher than unsecured credit cards. Make sure the secured credit card reports to at least one of the credit bureaus and ask if the card rolls over to an unsecured account after a year or two. The same rules of positive financial behaviors still apply to unsecured cards in that it's important to make on-time payments and not use more than 30% of the credit limit.

Another option that's more common with young adults is to become an authorized user on a parent's credit card. Not all credit card companies report authorized users to the credit bureaus, so that is something to ask about before adding another person to the account. Note that the credit cardholder is responsible for all charges the authorized user makes on the account, and the authorized user will also be affected by the primary account holder making late payments. An authorized user arrangement is not right for every household and requires upfront communication.

Building and maintaining good credit doesn't happen overnight. It also takes conscious effort to keep up with positive financial habits. In addition to email reminders, the UW-Extension "2/2, 6/6, 10/10" [website](#) provides information and links for ordering, understanding, and monitoring your free credit reports.

For more information on credit reports, contact the Extension Winnebago County office at (920) 232-1970 or online at <https://winnebago.extension.wisc.edu/>.



## Extension Wellness Tip: Reminiscing

*Shared by Mandi Dornfeld*

Reminiscing is so powerful for our mental health. When we recall a positive experience, memory, or relationship, we reel more connected to others. Additionally, when we gather with others and talk about past experiences, we create a stronger relationship built upon shared history. Research shows that strong, supportive, and connected relationships create personal resilience as a buffer to stress and other poor mental health outcomes.

Here are my suggestions of easy ways to take a walk down memory lane:

- Scroll through your digital photos and find one that makes you smile if others were with you during that photo. Send it to them and share a quick, "this was fun" with them.
- Go back through your calendar and spend a mindful moment recalling an event. Engage all of your senses while recalling it.
- Text or call someone and share a "remember when" moment.
- If you journal (you should!), flip back through a page and think about that time in your life.

Take good care!



## How We're Celebrating Earth Day

*Originally Published April 2021 by National Public Radio*

*Authored by: Clare Lombardo; Images by: Julia Simon*

Friends,

Here at Life Kit, we're all about showing up for ourselves and each other. That's because our lives have a lot to do with how we treat other people, and how they treat us.



They're also shaped by how we treat the world around us — the planet we all share. Not to get all existential, but living a happy, healthy life won't really be in the cards for anyone if the planet is unlivable.

That's why, in honor of Earth Day next week, we're thinking about some of the steps you can take to fight climate change and live more sustainably.

You can start today — during your next trip to the kitchen. Food waste accounts for as much as 10% of greenhouse gas emissions caused by humans. Here's some advice to cut down your contribution, from our episode on reducing food waste:

- **Don't be fooled by the “sell-by” date on your foods.** Most of these dates are about when food is at its freshest — not the day you should throw it in the trash. A USDA app can help you keep track of how long food really lasts. (And our Life Kit episode can help you decipher the buzzwords on food labels.)
- If you are worried about food going bad, **your freezer is your friend.** Almost anything can be frozen.
- Instead of tossing food scraps, **try composting.** Even if you don't have the outdoor space to compost on your own, you can get scraps picked up or even drop them off at local facilities. Look up “compost pickup service” in your area.
- Try out **the tips other Life Kit listeners suggested**, like an app for planning your meals.

Ready for more?

Next week, we'll have new episodes on how (and why) you can eat less meat, ways to reduce your home's carbon emissions, and the questions to ask to make sure your house isn't at risk of flooding or wildfires due to climate change.

Keep an eye on your podcast feed and let us know what tips *you* have for living more sustainably. Email us at [lifekit@npr.org](mailto:lifekit@npr.org) with your ideas and we'll share some next week.

## Kitchen Innovations: Are Electric Pressure Canners Safe?

*Preserve It Fresh, Preserve It Safe*

*Volume 7, Issue 3*

*May/June 2021*

*Authored by: The North Central Food Safety Extension Network (NCFSEN)*

In recent years, many innovative kitchen appliances have come onto the market. Among them are electric multifunction pressure cookers like the Instant Pot — some of which have “canning” or “steam canning” buttons.

Wouldn't it be easy to just press a button? Although you can make delicious stews, soups, and roasts fairly quickly in multifunction cookers, we **do not recommend** using multifunction cookers as canning devices.

The National Center for Home Food Preservation (NCHFP), which develops and disseminates research-based canning information, provides several reasons for recommending against the use of electric multifunction cookers in pressure canning. Most importantly, neither the U.S. Department of Agriculture nor any universities have conducted thermal process testing with jars inside the multifunction cooker to test the safety of these cookers.

**Here's the science:** Even if the multifunction cooker itself reaches the temperature required for canning, the food in the jars has not necessarily been heated at the same rate as it would be using the stovetop canning process. In particular, low-acid pressure canning processes require a combination of heat from the canner coming up to pressure, during the processing time, and during the early stages of cooling. To ensure a safe final product, the food inside the canner must stay at the minimum temperature throughout the entire processing time.

Similarly, stand-alone electric pressure canners also are **not safe** to use for pressure canning, according to the NCHFP.

### **Bottom line:**

- Follow research-tested methods and use safety-verified devices.
- Multifunction electric pressure cookers do not have research available to back up their use in canning.
- Contact your local extension office for more information about home food preservation.

- See the National Center for Home Food Preservation at <https://nchfp.uga.edu/> for more details about electric pressure cookers.

**Source:** National Center for Home Food Preservation. 2019. "Should I can in my electric multi-cooker appliance?" *Burning Issue: Canning in Electric Multi-Cookers*. <https://nchfp.uga.edu/publications/>

Would you like to receive more information on food preservation and safety? **Sign up to receive the *Preserve if Fresh, Preserve it Safe* newsletter electronically at:**

<https://extension.missouri.edu/programs/food-preservation/>



## Trusted Recipes & Resources for Food Safety & Preservation

Visit Extension's Safe & Healthy Food for Your Family website to get the latest updates on food safety and recalls:

<https://fyi.extension.wisc.edu/safefood/>

**Want to receive email notifications when this blog posts new content?** Visit the website and provide your email address to be kept up to date on all the latest food safety & preservation news. Subscribe at:

<https://fyi.extension.wisc.edu/safefood/subscribe/>

**Need to ask a question?** Contact Dr. Barbara Ingham, University of Wisconsin Professor of Food Science and Division of Extension Food Safety Specialist at [bingham@wisc.edu](mailto:bingham@wisc.edu)



TRUSTED RECIPES & RESOURCES FOR

# Food Safety & Preservation

Brought to you by Safe & Healthy Food for Your Family  
<https://fyi.extension.wisc.edu/safefood/>



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## Are You Ready for Canning Season?

Will you be harvesting any foods to preserve this year? Make sure your canner lid is functioning properly with a yearly test. The Extension Winnebago County office offers free testing of pressure canner lids!

Pressure canner lids with gauges can be dropped off at the Extension Winnebago County office, either in person or via a no-contact option (please call the office if you'd like to arrange a no-contact drop off).

Plan ahead for your canning season—lids may need to be held at the Extension Winnebago County office for 1-2 weeks before they can be picked back up, depending on educator availability for testing.

Please contact Mandi Dornfeld, Human Development & Relationships Educator, at [amanda.dornfeld@wisc.edu](mailto:amanda.dornfeld@wisc.edu) to determine if your canner lid brand is compatible for testing or if you have any questions.

IS YOUR CANNER READY?

# PRESSURE CANNER LID TESTING AVAILABLE

To schedule, contact  
Mandi Dornfeld at  
[amanda.dornfeld@wisc.edu](mailto:amanda.dornfeld@wisc.edu)



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## Extension Winnebago County Office

J. P. Coughlin Center  
 625 E. County Road Y, Suite 600  
 Oshkosh, WI 54901-8131  
 (920) 232-1973 or 727-8643  
 FAX (920) 232-1967  
**711 for Wisconsin Relay (TDD)**

HOURS: 8:00 AM - 4:30 PM, Monday through Friday

Website: <https://winnebago.extension.wisc.edu/>



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### **Area 10 Extension Director**

Chris Viau

### **Administrative Staff**

Amy Hendrickson  
 Ashley Rolph  
 Jody Bezio

### **Community Development**

Mia Ljung  
*Winnebago/Outagamie  
 Community Development Educator*

### **Natural Resources**

Chad Cook  
*Land & Water Outreach  
 Program Manager*

### **Agriculture**

John Thompson  
*Agriculture Educator*

OPEN

*Horticulture Educator*

### **Human Development & Relationships**

Mandi Dornfeld  
*Human Development & Relationships  
 Educator*

Todd Wenzel  
*Financial Educator*

Sandy Bell  
*Grandparents Raising Grandchildren  
 Coordinator*

### **Health & Well-Being**

Kristine Soper  
*FoodWise Educator*

### **Positive Youth Development**

Dana Berger  
*4-H Program Coordinator*

Sarah Thompson  
*Youth & Science Educator*