



4-H Thriving Model – Program Quality Scores Winnebago County 2020-2021

The 4-H Thriving Model predicts that youth who participate in 4-H programs that provide a high-quality developmental context will thrive, and thriving youth achieve key developmental outcomes.

To determine scores for Program Quality, youth members age 13 and up were invited to take an online survey asking them questions about their 4-H experience. The survey was developed by Mary Arnold, Oregon State University and Ryan Gagnon, Clemson University. Wisconsin served as a pilot state for administering the survey in 2020 & 2021.

After analyzing data, the scores are provided which assess each component of the model on a scale of 1-7, 7 meaning outstanding program quality. A score of 5 or higher is an indicator of high-quality programming.

5.6

Youth Sparks

The Youth Sparks outcome measures how 4-H programs give youth opportunities to explore topics they are interested in learning about, passionate about, engaged with.

5.4

Challenging Growth

Challenging Growth outcome measures the extent to which adults in the program help youth to see new possibilities, push them to reach higher and hold them accountable.

5.7

Youth Belonging

This outcome measures how safe, welcome and supported youth feel in 4-H programs

5.7

Youth-Adult Partnerships

This outcome measures how youth feel about adult volunteers working with them and if they feel respected, listened to and have their ideas taken seriously.

5.5

Caring Adults

This outcome measures how youth feel the adults in their 4-H programs care about them and investing time in youth.

5.6

Program Quality Overall Score

Implications:

The data suggests that the program quality in Winnebago County 4-H is of high quality, yet there is room to grow. Our scores for Challenging Growth present an opportunity for improvements. Challenging growth is tied to adult volunteers in the program that help youth to see new possibilities, push them to reach higher and hold them accountable. In 2021, we have been working on ways to offer more project-based learning for members and re-energizing many of our project learning committees in order to better meet this area. Caring adults is also an area with room for growth. Our county program is looking at ways to recruit new and train existing, committed volunteers on creating a safe and caring environment for youth to learn. Since this was the first year for this survey, this is a good benchmark for future analysis.



4-H Thriving Model – Thriving Trajectory Scores

Winnebago County 2020-2021

The 4-H Thriving Model predicts that youth who participate in 4-H programs that provide a high-quality developmental context will thrive, and thriving youth achieve key developmental outcomes.

To determine scores for Thriving Trajectory, youth members age 13 and up were invited to take an online survey asking them questions about their 4-H experience. The survey was developed by Mary Arnold, Oregon State University and Ryan Gagnon, Clemson University. Wisconsin served as a pilot state for administering the survey in 2020 & 2021.

After analyzing data, the scores are provided which assess each component of the model on a scale of 1-7, 7 meaning outstanding program quality. A score of 5 or higher is an indicator of high-quality programming.

6.3

Growth Mindset

Youth cultivate a growth mindset that emphasizes effort in learning over innate ability. Youth who are resilient have a greater ability for growth mindset.

6.2

Prosocial Orientation

Thriving youth see helping others as a personal responsibility, and live up to the values of respect, responsibility, honesty, kindness, and generosity. Thriving youth care about, and give back to, their communities

5.7

Openness to Challenge & Discovery

Thriving youth have the desire and ability to explore and try new things and challenges.

5.1

Positive Emotionality

Thriving youth are positive and optimistic and are able to manage emotions in ways that lead to health and well-being.

5.9

Hopeful Purpose

Purpose is the stable and generalized intention to accomplish something that is at the same time meaningful to the self and consequential for the world beyond the self.

5.5

Goal Management

Thriving youth set goals and persevere in achieving their goals. They also make self regulatory decisions that lead to better short-term and long-term success self regulatory decisions that lead to better short-term and long-term success and if they feel respected, listened to and have their ideas taken seriously.

5.5

Thriving Trajectory Overall Score

Implications:

The data suggests that the thriving trajectory in Winnebago County 4-H is of high quality, yet there is room to grow. Our score for Positive Emotionality present an opportunity for improvements. Positive Emotionality is tied to how youth feel about and view themselves. As a program adults can work on: 1) Assure youth that their feelings matter, and support their feelings as valid. 2) Teach youth that while all feelings are valid, everyone needs to learn to manage their emotions effectively. 3) Encourage youth to express their feelings when they try to suppress them. 4) Help youth develop reappraisal skills by pointing out other sides to the situation and encouraging perspective taking. 5) Have clear expectations for expressing strong emotions appropriately in 4-H. 6) Notice youth who struggle with emotional management and guide them toward more positive expression.

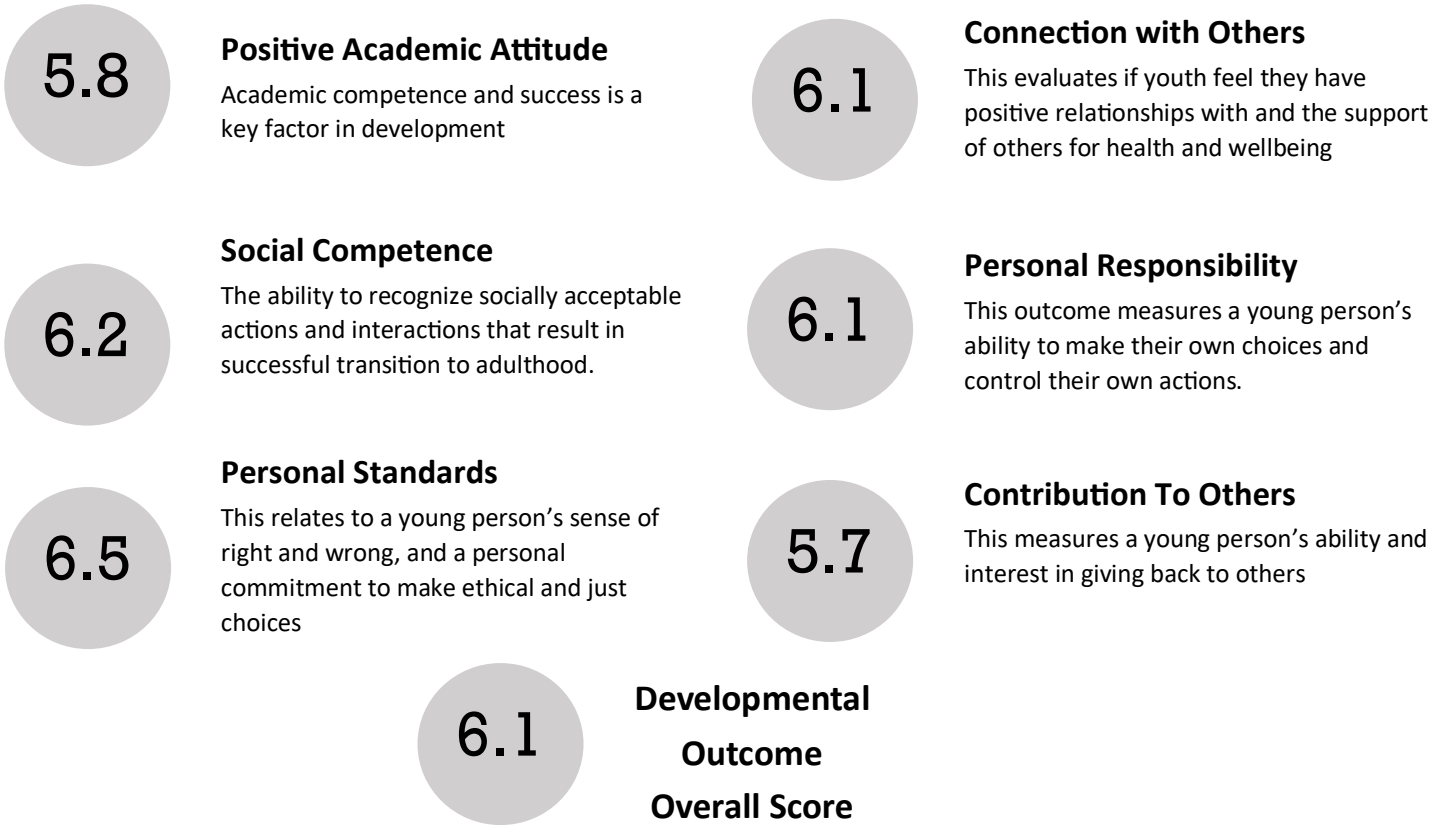


4-H Thriving Model: Developmental Outcome Scores Winnebago County 2020-2021

The 4-H Thriving Model predicts that youth who participate in 4-H programs that provide a high-quality developmental context will thrive, and thriving youth achieve key developmental outcomes.

To determine scores for Developmental Outcomes, youth members age 13 and up were invited to take an online survey asking them questions about their 4-H experience. The survey was developed by Mary Arnold, Oregon State University and Ryan Gagnon, Clemson University. Wisconsin served as a pilot state for administering the survey in 2020 & 2021.

After analyzing data, the scores are provided which assess each component of the model on a scale of 1-7, 7 meaning outstanding program quality. A score of 5 or higher is an indicator of high-quality programming.



Implications:

The data suggests that the Developmental Outcomes in Winnebago County 4-H is of high quality, yet there is room to grow. Our score for Contribution to Others presents an opportunity for improvements. Contribution to Others is tied to how active youth are (or opportunities for) giving back to others and their communities. A score of 5.7 is actually quite high and above the 5.0 benchmark for "high quality programming." We see this in the many community service projects that our 4-H clubs carry out. However, not all clubs provide community service opportunities for their youth and this data serves as an opportunity to encourage those clubs to incorporate fun and educational community service options.