

RAISING WISCONSIN'S CHILDREN

Connect with other parents. Get practical, positive, research-based parenting ideas. Help children grow.

- **March 21: Playful Parenting for Caregivers of Infants and Toddlers**
- **April 18: Teens, Screens, & Social Media**
- **May 16: Learning Life Skills Through Household Chores**

RESILIENT CO-PARENTING

Are you living apart while parenting together? Has the custody of your children changed? Join our classes designed to reduce conflict and support family well-being during big changes.

- **March 7: Help Children with Strong Emotions**
- **April 4: Co-Parenting Teens**
- **May 2: Parenting from a Distance**

PARENTS FOREVER

For parents in the process of divorce, already divorced, never married but separating, or with custody changes. This course is low-cost.

- **March 18**
- **March 19 & 21**
- **April 12**
- **April 17**
- **May 13**
- **May 21**

RAISING A THINKING CHILD

Raising a Thinking Child is a 6-week workshop series that will help you guide children to solve common, everyday problems with decision-making and communication skills.

- **Tuesdays February 27 – April 2**

ONLINE PARENTING & FAMILY RELATIONSHIPS CLASSES



MARCH / APRIL / MAY 2024



Scan & scroll to
calendar to register

<https://parenting.extension.wisc.edu>

FOCUS ON FATHERS

Connect with other fathers while learning to boost your child's social and emotional skills.

- **March 12: Sports Star, Rock Star, Superstar**
- **April 9: Standing up for Yourself**

TRIPLE P: POSITIVE PARENTING PROGRAM

Triple P gives parents and caregivers practical tools to build strong relationships, manage their children's behavior, and prevent problems.

For Parents of Children 0 to 12 Years:

- **April 30: Raising Resilient Children Seminar**
- **May 7: Dealing with Disobedience Discussion Group**
- **May 14: Managing Fighting and Aggression Discussion Group**
- **May 21: Developing Good Bedtime Routines Discussion Group**

For Parents of Children with Disabilities:

- **March 4: Positive Parenting for Children with a Disability**
- **March 12: Helping Your Child Reach Their Potential**
- **March 18: Changing Problem Behavior into Positive Behavior**

For Parents of Teens

- **March 25: Raising Responsible Teenagers**
- **April 1: Raising Competent Teenagers**
- **April 8: Getting Teenagers Connected**
- **April 15: Reducing Family Conflict**
- **April 22: Building Teenagers' Survival Skills**

FIT AND HEALTHY KIDS

Fit and Healthy Kids is a team of early childcare experts from across the United States who offer online training opportunities early childhood teachers. Each training incorporates some aspect of Early Learning Guidelines: Birth to Five Learning and Development Standards.

- **March 4: The Developmental Stages of Self-Control in Infants and Toddlers**
- **April 1: Emotion Coaching: Helping Children Manage Strong Feelings**