



NEWS FROM EXTENSION

UW-MADISON DIVISION OF EXTENSION WINNEBAGO COUNTY



Health & Well-being

What happens when you put Girl Scouts on a mission to make change? They get it done!

"Three Scouts from Troop 2414 are working on their Silver Award to gain awareness, recognition and support throughout their community for **Fetal Alcohol Spectrum Disorder (FASD)** and those living with it.

There are awareness days for so many other causes, but not for FASD, which is more prevalent than Spina Bifida, Down Syndrome and Autism combine!



"The goal is to educate community members so that they will be more aware of decisions and inclusivity. FASD is observed in the month of September in many states and the Scouts of Troop 2414 brought it to Wisconsin! They received proclamations from WI Governor Evers, Oshkosh Mayor Mugarauer, and Winnebago County Executive Doemel.

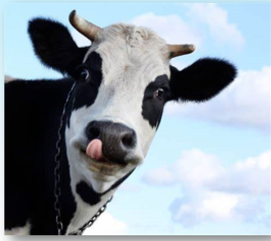
"The Scouts held a booth at the Oshkosh Farmers Market and Dragon Boat Races Festival to showcase their hard work and share their knowledge with the community. They look forward to doing more education and advocacy in the future." ~Submitted by Troop Leader Jennifer, on behalf of the three Scouts of Troop 2414.

Extension - Winnebago County commends these young people for their fantastic work in bringing FASD Awareness to Wisconsin! If you would like to learn more, please check out [FASD United's website](#) to explore how you can join Troop 2414 in raising awareness for FASD!



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Is this 4-H?



The Wisconsin 4-H Program began over 100 years ago. It was steeped in agriculture and has since expanded WAY beyond! With hundreds of project areas to choose from, you are sure to find something that interests you!



4-H News

Now is the time to join Winnebago County 4-H!

When you join the Winnebago County 4-H program (WC 4-H), you become a part of a family of over 600 youth and 125 adult volunteers. 4-H is the nation's largest youth development organization with over 20 clubs in our county alone!

The four H's stand for the Head, Heart, Hands and Health, and our program strive to provide "learn by doing" opportunities that teach life skills, problem solving, community service, and so much more.

4-H youth can explore their interests, or Sparks, as they continue to master new skills and apply them to real life. We have clubs for every youth and their interests, including after school and in-class clubs. 4-H youth can take part in summer camps, travel experiences, and workshops as they discover their Sparks. Many clubs divide activities by gender, but we don't! Follow your interests, wherever they take you- we have something for all ages and all stages.

From kindergarten through Grade 13, whatever you love to do, Winnebago County 4-H has a club or project for you!

Joining is easy. You can attend one of our county-wide activities or a club meeting with a friend who's a member. Or, you can see if your school has an after-school or in-classroom club.

But so is this!



www.winnebago.extension.wisc.edu

Visit [our website](#) for more information

Visit our [Facebook Page](#) for the most up-to-date info on events and activities

Contact Dana Berger, the Program Educator, for more details.

4-H for all!

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[Subscribe](#) to our email list.

Human Development & Relationships

Extension Reentry Ready Resources

Have you recently been released from incarceration? Do you know someone who has been, or will be released soon? Do you work with incarcerated or recently released individuals?



The **Extension Reentry Ready Team** has created a website and resources to assist individuals in successfully transitioning from incarceration. Find statewide and local resources on the [Reentry Ready Resources website](#).

This interactive website has links to resources for frequently asked questions about housing, employment, identification, income and benefits, legal issues, health resources, and insurance coverage. Also included are county-specific guides that include connections to these same resources in several Wisconsin counties.

To assist incarcerated individuals, community members, and reentry staff in planning for a successful transition, UW-Extension has created a printable [Reentry Ready Checklist](#) to track the necessary steps toward reentry.

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Crops & Soils

Join us for one of three **FREE** sessions around the state to learn from Cory Walters and others as we prepare to launch the **Farm Pulse: Crop Insurance & Grain Marketing Course!** (RSVP is required)

During recent on-farm conversations with both producers and agricultural professionals, grain marketing has been

identified as the topic of interest for farmers of Winnebago County. While a marketing plan by itself is a good first step, many farmers are using crop insurance to protect not only their yield, but more importantly total revenue. In response to this need, three **free** sessions offered by Extension will address this topic in December 2023.

Follow-up, in-person, local sessions held in 2024 will be led by Scott Reuss, Regional Crops and

[Subscribe](#) to our email list.

Outagamie County office (3365, W Brewster St) in Appleton.

This event is sponsored by Compeer Financial and GreenStone Farm Credit Services.

Join us! December 5, 6, and 7 | 10am - 2pm | Lunch included

Locations vary by date.

Dec. 5: Whitewater, UW-Whitewater

Dec. 6: Bonduel, The Hog Barn (nearest location)

Dec. 7: Eau Claire, Best Western Conference Center

For more information and to register for this FREE event, please visit [the Website](#), email [Katie Wantoch](#), or call: 608-354-3392

Following classes: Jan. 30, Feb. 20, Mar. 12 & Apr. 3 at Extension Outagamie County.

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Horticulture

Autumn is a great time to check in with these upcoming Horticulture webinars!

[How to Care for Holiday Houseplants](#)

November 27th, 6:30-7:30p

Neenah Public Library

Festive houseplants are common gifts you may give or receive at the end of each year. Learn about growth requirements to keep your holiday favorites, like poinsettia, Christmas cactus, and Norfolk Island Pine, thriving.



Are your plants getting the nutrients they need? [Get Your Soil Tested To Find Out!](#)

Pick up your kit at the UW-Extension office, Monday thru Friday, 8a-4:30p

Don't guess about adding fertilizer or lime to your lawn or garden. Test your soil! Fall is a great time to submit soil samples, because it provides enough time to interpret results and get the proper soil amendments in place before next year's growing season. You can learn whether your soil has enough—or too much—nutrients. Visit our website to learn more about the process.

Watch this [YouTube video](#) from Wisconsin Horticulture Extension for advice to keep your plants healthy this winter. If you're not a fan of being outside during a "polar vortex," imagine how your landscape plants feel. Aside from sub-zero temperatures during winter, plants can suffer from wildlife damage, chilling winds, and heaving soil. However, an ounce of prevention equals a pound of cure! Check out this and other Extension resources, or Ask a Gardener!!

<https://hort.extension.wisc.edu/ask-a-gardening-question/>

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Community Development

Entrepreneurs of Color Spotlight

The EoC Spotlight empowers entrepreneurs of color in NE Wisconsin, highlights their business journey and strategies, and invites viewers to interact and learn. **Join us every First and Third Thursday!** (Links through the icons below)

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