# FREE ONLINE PARENTING CLASSES







**ALL CLASSES ARE ON THE 3RD THURSDAY AT** 1:00 PM.

Offered to all parents and caregivers. Topics change monthly.

## **LEARN MORE AND REGISTER HERE!**

go.wisc.edu/parenting-classes



#### **2024 DATES AND TOPICS**

#### **June 20:**

The Parent's Guide to the **Teenage Brain** 

### **July 18:**

How Kids Develop Self Control

#### **August 15:**

 Helping Children Manage Strong Feelings

September 19:Families + Screens