

Parenting & Family Relationships Classes

University of Wisconsin-Madison Extension
March, April & May 2025



EVERY DAY PARENTING



Raising Wisconsin's Children

These classes offer practical, research-based ideas to support your parenting and help children grow.

March 20, April 17, May 15 | 1 PM



Focus on Fathers

Join us for discussions on parenting, family life and how to handle modern challenges.

March 11, April 8, May 13 | 6 PM



Raising a Thinking Child

Raising a Thinking Child is a 6 session program that helps adults build critical thinking, impulse control, problem-solving, and conflict resolution skills in young children.

Tuesdays March 11 to April 15 | 9 AM or 6 PM



Triple P: Positive Parenting Program

Want simple, proven strategies to create loving bonds with your kids while handling challenging behavior effectively? These classes are for you!

For parents and caregivers of kids 0 to 12 years, topics include raising confident, resilient children, managing fighting and aggression, and more!

Tuesdays April 8 to April 29 | 9 AM or 6 PM

COUPLES RELATIONSHIPS



Strong Couples

Six self-paced online modules and five coaching calls that teach you skills to improve your romantic relationship.

Visit parenting.extension.wisc.edu/strong-couples

FAMILY TRANSITIONS



Parents Forever

Learn how to lessen the impact of divorce on children, co-parent without conflict, and improve self-care to foster resilience.

Monthly | Times Vary



Resilient Co-Parenting

Join us for ongoing support for your co-parenting journey.

March 6, April 3, May 1 | 7:00 PM

VISIT OUR CLASS
CALENDAR TO SIGN UP

USE THE QR CODE OR THE
LINK BELOW TO SIGN UP!



<https://parenting.extension.wisc.edu/class-calendar>

To make sure everyone has a great experience, we limit the number of spots in our classes. Registration is required.



Human Development & Relationships Institute
DIVISION OF EXTENSION
UNIVERSITY OF WISCONSIN-MADISON